

UNDERGRADUATE MINOR IN HEALTH PROMOTION, EDUCATION, AND BEHAVIOR (HPEB)

WHY THIS MINOR IS IMPORTANT?

- Provides students with the specialized knowledge and skills needed to address current and emerging public health issues.
- Prepares students to be scholars, research specialists, educators, and experts in a vast array of public health professions.

WHAT YOU WILL GAIN FROM THIS MINOR

- Better understanding about the social and political influences and factors that impact health inequities, human rights, and health behavior.
- Ability to apply evidence-based planning frameworks to plan, implement, and evaluate health promotion programs.
- Opens doors to professional advancement, competitive salaries, and a meaningful career.
- It may be used in combination with many majors both to enhance students' career opportunities and to prepare for graduate study in a variety of health and health-related disciplines.
- It is compatible with various majors such as:
 - o Anthropology
 - o Exercise science
 - o Journalism and Mass Communication
 - o Nursing
 - o Political Science
 - o Psychology
 - o Sociology
 - o Women's and Gender Studies

MINOR GOALS

- Provides a foundation for students desiring preparation in health promotion, health education, health behavior change, and disease prevention.

MINOR REQUIREMENTS

- A minimum of 18 credit hours, at least 9 of which must be HPEB courses.
- Two required core courses:
 - HPEB 300** Introduction to Health Promotion, Education, and Behavior
 - HPEB 553** Community Health
- One course from "Special Populations" approved topic courses.
- One course from "Health and Health Behaviors" approved topic courses.
- One course from of "General Concepts in Health Promotion" approved topic courses.
- One additional course from one of the three focus areas of "Special Populations," "Health and Health Behaviors," or "General Concepts in Health Promotion."
- A maximum of 3 non-HPEB courses can be taken to fulfill the elective requirements.
- Courses must be completed with a grade of "C" or higher.



FOR QUESTIONS OR MORE INFORMATION, CONTACT:

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