

## Hala Ghattas, PhD

Department of Health Promotion, Education and Behavior  
Arnold School of Public Health  
Discovery I, 915 Greene Street, Room 558  
University of South Carolina, Columbia,  
South Carolina, 29208

Tel: +1 803 777 8462  
e-mail: hghattas@mailbox.sc.edu

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### EDUCATION

- 2001-2004      **Ph.D. in Nutrition and Immunology**  
Department of Infectious Diseases, St George's, University of London, London, UK
- 1999-2000      **M.Sc. in Public Health Nutrition** (Awarded with Distinction)  
London School of Hygiene and Tropical Medicine, London, UK
- 1995-1999      **B.Sc. in Nutrition and Dietetics** (Awarded with Distinction)  
American University of Beirut, Beirut, Lebanon

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### PROFESSIONAL EXPERIENCE

- August 2022 – present      **Associate Professor**  
Department of Health Promotion, Education and Behavior, Arnold School of Public Health, University of South Carolina, USA
- 2024 - present      **Adjunct Associate Professor**
- 2020 - 2022      **Director & Associate Research Professor**
- 2017 - 2020      **Interim Director & Associate Research Professor**
- 2013 - 2017      **Associate Director & Assistant Research Professor**  
Center for Research on Population and Health, Faculty of Health Sciences, American University of Beirut, Lebanon
- 2022 - present      **Research Affiliate**  
**International Security and Development Center, Berlin, Germany**
- 2016 - 2021      **Special Member of the Graduate Faculty**  
Graduate Program in Nutrition and Food Science, University of Maryland, College Park, MD, USA
- 2016 - 2019      **Visiting Researcher**  
Open Lab, Newcastle University, UK
- 2009 - 2013      **Assistant Professor of Community Nutrition**  
Department of Nutrition and Food Sciences, Faculty of Agricultural and Food Sciences, American University of Beirut, Lebanon
- 2007 - 2011\*      **Lecturer**
- 2005 - 2007      **Research Fellow**  
MRC International Nutrition Group, Department of Epidemiology and Population Health, London School of Hygiene and Tropical Medicine, UK
- 2001 - 2004      **Graduate Research Assistant**  
Department of Infectious Diseases, St George's, University of London, UK

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\* Full time from 2007-2008, and retained a 5% time Lecturer contract from 2009-2011

## RESEARCH

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### GRANTS AND AWARDS

2025-2026	Principal investigator. Nutrition environment assessment and nutritional status of school-aged children in Jordan. UNICEF Jordan. USD 198,746.
2025-2027	Co-investigator. Water, sanitation and hygiene (WASH) assessment. UNICEF Lebanon. USD 270,000.
2025-2027	Co-investigator. Landscape Analysis and review of the Nutrition for School-Aged Children and Adolescents in the Middle East and North Africa. UNICEF MENA Regional Office. USD 400,000.
2024-2026	Co-investigator. Validation of dietary screeners among children in Lebanon. President's Intramural Research Fund, Lebanese American University. USD 49,492.
2020-2026	Co-investigator [Lead on the role of food insecurity in older adults]. Dementia and Related Health and Social Challenges in Lebanon: A Population Study. National Institute on Ageing (NIA). USD 3,513,765.
2023-2025	Multiple principal investigator. Using complex systems methods to co-produce solutions for how emergency food assistance can prioritise healthy foods for vulnerable populations in Lebanon. Innovative Methods and Metrics for Agriculture and Nutrition Actions (IMMANA- funded by Gates & UK FCDO). GBP 249,798.
2022-2025	Multiple principal investigator. Understanding and amplifying the role of women's leadership in food systems transformation. International Development Research Center (Canada). USD 741,600.
2022-2025	Co-investigator. Identifying opportunities to improve the lived experience and health of working women in the MENA: from COVID to recovery. International Development Research Center (Canada). USD 697,023.
2020-2024	Co-principal investigator [Lead on social protection and food insecurity]. COVID-19 in Lebanon: Turning a crisis into an opportunity to promote an integrated community approach for more equitable health outcomes for Syrian refugees and their host Lebanese community and to inform public health preparedness in Lebanon and the region. International Development Research Center (Canada). USD 975,652.
2020-2023	Co-principal investigator. Seeds for recovery: The long term impacts of a complex agricultural intervention on welfare, behaviour and stability in Syria. Centre of Excellence for Development Impact and Learning (CEDIL) subcontracted through ISDC. GBP 207,228.
2018-2023	Principal investigator. Tackling School and Community Drivers of Children's Diets in Arab Cities. International Development Research Center (Canada). USD 1,104,964.
2020-2021	Co-principal investigator [Lead on SDGs 1, 2 and 3]. Fostering Knowledge for Human Development in the Arab Region. United Nations Development Program (UNDP). USD 110,000.

- 2019-2020 Co-principal investigator. Identifying a Package of Cost-effective Interventions to Address Non-communicable Diseases in Gaza. MRC Health Systems Research Initiative subcontracted through Imperial College London. USD 60,565.
- 2019-2020 Principal investigator. Evaluation of Emergency School Feeding in Lebanon. World Food Program subcontracted through Particip GmbH. USD 45,589.
- 2018- 2019 Co-investigator. Cash monitoring, evaluation and accountability for Syrian refugees. Norwegian Refugee Council. USD 220,892.
- 2018-2019 Principal investigator. Reproductive, Maternal, Newborn, Child and Adolescent Health and Nutrition in Conflict Settings: The Case of Syrian Women and Children. The Hospital for Sick Children. USD 76,679.
- 2017-2018 Co-investigator. Assessing the results of the enforcement of the salt iodization program in Lebanon. Iodine Global Network. USD 26,680.
- 2017-2018 Co-investigator. Analysis and Refinement of the Targeting Mechanisms for Food and Multipurpose Cash Assistance to Central African Republic (CAR) Refugees in the East, Adamawa and North Regions of Cameroon. UNHCR. USD 32,230.
- 2017-2018 Principal investigator. Cross-Cultural Study of Household Water Insecurity (WIS) Validation of an Arabic Water Insecurity Scale. Northwestern University. USD 15,000.
- 2017-2018 Principal investigator. Food insecurity in the Arab world; inequalities and wellbeing differentials. University Research Board. USD 9,235.
- 2016-2018 Co-principal investigator. Engaging patients in addressing hypertension: Patient experience with self-monitoring of blood glucose. Harvard Medical School Center for Global Health Delivery–Dubai. USD 99,948.
- 2015-2018 Co-principal investigator. Responding to changing health needs in complex emergencies: A policy imperative. Columbia Global Policy Initiative. USD 115,000.
- 2014-2017 Principal investigator. Healthy Kitchens, Healthy Children: A school-based cluster randomized controlled trial. Nestle Foundation. USD 255,430.
- 2016 Principal investigator. The Status of Children and Women in Lebanon: Peer review and data analysis of a UNICEF Household survey. UNICEF Lebanon. USD 46,060.
- 2016 Principal investigator. *Allo Sibtik*: Testing a radio health dialogue to improve access and uptake of antenatal care services by Syrian refugees in rural Lebanon. Newcastle University. USD 2,858.
- 2015-2016 Co-principal investigator. Monitoring and evaluation of salt iodization in Lebanon. Iodine Global Network. USD 43,348.
- 2015-2016 Principal investigator. Food insecurity in the Arab world; youth, gender and wellbeing differentials. FAO Voices of the Hungry Project. Data award: Full dataset of the Gallup World Poll 2014-2015.
- 2015-2016 Principal investigator. Development of a location based application for breastfeeding friendly places in Lebanon. Newcastle University. USD 8,127.

- 2014-2016 Co-principal investigator. Effects of the Syrian conflict on maternal and child health with a focus on Countdown indicators. US Fund for UNICEF as part of a Gates Foundation grant to Countdown to 2015: Maternal, Newborn and Child Survival. USD 49,680.
- 2014-2015 Co-principal investigator. Socio-economic survey for Palestine refugees in Lebanon. UNRWA. USD 60,280.
- 2014-2015 Principal investigator. Design and development to improve uptake and continuity of antenatal care among Syrian refugee women in Lebanon. Newcastle University. USD 7,800.
- 2013 Co-investigator. Glycaemic index of bread: fibre or minerals? American University of Beirut, Faculty of Medicine Innovative Grant Award. USD 10,000.
- 2013 Principal investigator. The role of dietary phosphorus in the development and progression of NAFLD in rats. American University of Beirut, Faculty of Medicine Innovative Grant Award. USD 10,000.
- 2012-2013 Principal investigator. Development of a tool to measure food insecurity in children in Lebanon: Exploring children's experiences of food insecurity. American University of Beirut, University Research Board. USD 7,000.
- 2010-2013 Local investigator. The effect of a school feeding program in Aarsal on nutritional status of children; a component of Food and health in rural Lebanon: Options to improve dietary diversity, food security, livelihoods and ecosystem management. International Development Research Centre grant awarded to IBSAR (AUB Nature Conservation Center). CAD 51,900.
- 2010-2013 Co-investigator. The Nestle Healthy Kids Nutrition Research Fund (Project: Development of a tool to measure food insecurity in children in Lebanon). Nestle Middle East. USD 250,000.
- 2008-2013 Co-investigator. Novel staple food-based strategies to improve micronutrient status for better health and development in sub-Saharan Africa: safety and efficacy of iron fortified maize flour in the prevention of anaemia in pregnant women and infants, European Union FP7 Collaborative Project. EUR 943,160.
- 2011-2012 Co-investigator. Validation of a Lebanese food security assessment tool, WHO-EMRO. USD 8,164.
- 2011-2012 Co-investigator. Mapping the living conditions of UNHCR registered refugees in Lebanon. UNHCR. USD 67,553.
- 2010-2011 Principal investigator. Adiposity and iron status in Lebanese children and adolescents, American University of Beirut, University Research Board. USD 9,000.
- 2010-2011 Co-investigator. Industrial organisation and fresh foods value chains in the Middle East – two case studies from Lebanon and Qatar. Center for International and Regional Studies, Georgetown University School of Foreign Service in Qatar. USD 24,998.
- 2010 Co-investigator. Poverty and food security of Palestine refugees in Lebanon: analysis and targeting. UNRWA. USD 80,000.

- 2009-2010 Principal investigator. Iron deficiency in obesity: hidden hunger or anaemia of inflammation? American University of Beirut, University Research Board. USD 4,122.
- 2007-2008 Principal investigator. Insecticide treated bednets to reduce malaria morbidity in central Côte d'Ivoire. Private funder – Small project grant. GBP 20,000.
- 2006-2008 Co-investigator. Anaemia in pregnant Zanzibari women: do common genetic polymorphisms affecting iron metabolism explain differential responses to iron supplementation? Wellcome Trust. GBP 145,618.

## PEER-REVIEWED PUBLICATIONS

Underlined author represents current/former mentee; \*Corresponding Author; ‡Senior Author.

1. Chalak A, Akl C, Haddad J, El Helou N, Sassi S; Ben Gharbia H, Traboulsi R, Haber M, El Ati J, **Ghattas H**<sup>‡</sup> & the SCALE Study Research Group. What drives schoolchildren's food choices? Insights from a gamified basket-based choice experiment in Tunisia. *Under review* at Food Quality and Preference.
2. Dagher M, Abboud A, Saad GE, Itani R, **Ghattas H**<sup>‡</sup>, McCall SJ, WOMENA Study Group. Predictors of employment attrition in Lebanon during multifaceted crises: The role of chronic diseases—a national cross-sectional study. *Under review* at PLOS One.
3. Fayyad R, Fahme S, Saad GE, Dagher M, **Ghattas H**, DeJong J, McCall SJ, WOMENA Study Group. Inequities in contraceptive use among adults in Lebanon: a national study. *Under review* at BMJ Sexual and Reproductive Health.
4. Dagher M, Itani R, McCall SJ, Saad GE, Abboud A, **Ghattas H**<sup>\*</sup>, WOMENA Study Group. The Interplay Between Gender, Employment Attrition and Food Insecurity in the Context of Polycrisis: Findings from a National Telephone Survey in Lebanon. *Under review* at Food Security.
5. Mendes de Leon CF, Elbejjani M, Abdulrahim S, **Ghattas H**, El Sammak A, Abi Nassif A, Conrad F, Nishimura R, McCall SJ, Sibai AM, Chaaya C. Cohort Profile: The Lebanon Study on Aging and HeAlth (LSAHA). BMC Public Health. 2025; doi.10.1186/s12889-025-25983.
6. Jamaluddine Z, Campbell OMR, Sato M, Seita A, Ohuma EO, Frongillo EA, **Ghattas H**<sup>‡</sup>. Association between size at birth, rapid weight gain in infancy and overweight status among Palestinian refugees under 5 years old. The American Journal of Clinical Nutrition. 2025;101132.
7. Fayyad R, Ragi ME, **Ghattas H**<sup>‡</sup>, McCall SJ, and the CAEP Study Group. Social Determinants of Self-Reported Health in Vulnerable Populations During a Polycrisis in Lebanon. JAMA Network Open. 2025;8:e2529733.
8. Dean WR, Sheikomar O, **Ghattas H**, el-Husseini R, Sahyoun N. The association of individual food security status with women's political participation, labor-force participation, and reproductive health: A cross-sectional analysis of gendered structural inequality in the League of Arab States. Social Science & Medicine. 2025;118555.
9. Ragi ME, **Ghattas H**, Abi Zeid B, Shamas H, El Salibi NJ, Abdulrahim S, DeJong J, McCall SJ, CAEP Study Group. Legal residency status and its relationship with health indicators among Syrian refugees in Lebanon: a nested cross-sectional study. BMJ Global Health. 2025;10(2).

10. [Jamaluddine Z](#), Suarez Idueta L, Paixao ES, Pescarini JM, **Ghattas H**, Sato M, Seita A, Martinez-Juarez LA, Barreto ML, Ohuma EO, Day LT, Campbell OMR, Blencowe H. Post-term births as a risk factor for small for gestational age and infant mortality in Brazil, Mexico, and Palestinian refugees: an analysis of electronic birth records. *Paediatric and Perinatal Epidemiology* 2025;39:149-58.
11. [Ragi ME](#), **Ghattas H**, Shamas H, DeJong J, Melhem NM, McCall SJ & CAEP study. Development of Prediction Models of COVID-19 Vaccine Uptake among Lebanese and Syrians in a district of Beirut, Lebanon: a population-based study. *BMJ Public Health*. 2024;2(2).
12. Collins SM, Mock N, Chaparro MP, Rose D, Watkins B, Wutich A, Young SL, **HWISE Research Coordination Network**. Toward a more systematic understanding of water insecurity coping strategies: insights from 11 global sites. *BMJ Global Health*. 2024;9(5).
13. Frongillo EA, Bethancourt HJ, Miller JD, Young SL, **HWISE Research Coordination Network**. Identifying ordinal categories for the Water Insecurity Experiences Scales. *Journal of Water, Sanitation and Hygiene for Development*. 2024;14(11):1066-78.
14. [Abi Zeid B](#), Farouki L, El Khoury T, Sibai AM, de Leon CF, Alawieh MF, Ramadan Z, Abdulrahim S, **Ghattas H<sup>‡</sup>**, McCall SJ. Predicting poor mental health among older Syrian refugees in Lebanon during the COVID-19 pandemic: a nested cross-sectional study. *BMJ Global Health*. 2024;9(8):e015069.
15. Baliki G, [Al Daccache M](#), **Ghattas H**, Brück T. Short-and medium-term impacts of small-scale vegetable support on food security: evidence from Syria. *Food Security*. 2024;14:1-2.
16. Assaad M, Ajjour S, Rahme M, Al-Shaar L, Sakr M, **Ghattas H**, Fuleihan GE, Jabbour J. Development and Validity of the 'Modified Mediterranean Prime Screen'to assess Dietary Intake Among Women of Reproductive Age in Lebanon. *British Journal of Nutrition*. 2024; 31:1-23.
17. Basu S, Yudkin JS, Jawad M, **Ghattas H**, Hamad BA, [Jamaluddine Z](#), [Safadi G](#), [Ragi ME](#), Ahmad RE, Vamos EP, Millett C. Reducing non-communicable diseases among Palestinian populations in Gaza: A participatory comparative and cost-effectiveness modeling assessment. *PLOS Global Public Health*. 2024;4:e0003168.
18. [Al Daccache M](#), [Abi Zeid B](#), Hojeij L, Baliki G, Brück T, **Ghattas H<sup>\*</sup>**. Systematic review on the impacts of agricultural interventions on food security and nutrition in complex humanitarian emergency settings. *BMC nutrition*. 2024;10:60.
19. El Salibi N, Abdulrahim S, El Haddad M, [Abi Zeid B](#), Alawieh MF, Ramadan Z, **Ghattas H<sup>‡</sup>**, McCall SJ. Predicting intention to vaccinate against COVID-19 in older Syrian refugees in Lebanon: findings from a multi-wave study. *Vaccine*. 2024;42:2646-54.
20. Makoukji M, Amhez NE, Yehya AA, **Ghattas H**, Abunnasr Y, Zurayk R. Food systems under shock: the evolution of food security status of Karantina residents after the Beirut explosion. *Frontiers in Sustainable Food Systems*. 2024;8:1351541.
21. [Akl C](#), [El-Helou N](#), [Safadi G](#), [Semaan A](#), [El Sammak A](#), Trabelsi T, Sassi S, [Akik C](#), El Ati J, Traissac P, **Ghattas H<sup>\*</sup>** & the SCALE Research Group. Urban school neighborhoods dominated by unhealthy food retailers and advertisements in Greater Tunis: a geospatial study in the midst of the nutrition transition. *Public Health Nutrition*. 2024;27:e44.
22. [Jamaluddine Z](#), Seita A, Ballout G, Al-Fudoli H, Paolucci G, Albaik S, Ibrahim R, Sato M, **Ghattas H<sup>‡</sup>**, Campbell O. Establishment of a birth-to-education cohort of 1 million

Palestinian refugees using electronic medical records and electronic education records. *International Journal of Population Data Science*. 2023;8(1).

23. Abu Hamad BA, [Jamaluddine Z](#), [Safadi G](#), [Ragi ME](#), Ahmad RE, Vamos EP, Basu S, Yudkin JS, Jawad M, Millett C, **Ghattas H\***. The hypertension cascade of care in the midst of conflict: the case of the Gaza Strip. *Journal of Human Hypertension*. 2023;37:957-68.
24. [Jamaluddine Z](#), Sharara E, Helou V, [El Rashidi N](#), [Safadi G](#), [El-Helou N](#), **Ghattas H**, Sato M, Blencowe H, Campbell OM. Effects of size at birth on health, growth and developmental outcomes in children up to age 18: an umbrella review. *Archives of Disease in Childhood*. 2023;108:956-69.
25. [Jamaluddine Z](#), [Safadi G](#), Irani A, Salti N, Chaaban J, Abdulrahim S, Thomas A, **Ghattas H\***. Inequalities in Wellbeing in Lebanese Children and Different Refugee Subpopulations: A Multidimensional Child Deprivation Analysis. *Child Indicators Research*. 2023; 6:1-9.
26. Salti N, McCall SJ, [Abi Zeid B](#), El Salibi N, Alawieh M, Ramadan Z, **Ghattas H<sup>‡</sup>**, Abdulrahim S. The determinants of sustained adherence to COVID-19 preventive measures among older Syrian refugees in Lebanon. *Plos one*. 2023;18:e0268851.
27. [Abi Zeid B](#), El Khoury T, **Ghattas H**, Alawieh MF, Ramadan Z, Anouti S, Abdulrahim S, McCall SJ. Predictors and barriers to vaccination among older Syrian refugees in Lebanon: a cross-sectional analysis of a multi-wave longitudinal study. *The Lancet Healthy Longevity*. 2023;4:e219-27.
28. Elbassuoni S, **Ghattas H<sup>‡</sup>**, El Ati J, Zoughby Y, [Semaan A](#), [Akl C](#), Trabelsi T, [Talhok R](#), Ben Gharbia H, Shmayssani Z, Mourad A. Capturing children's food exposure using wearable cameras and deep learning. *PLOS Digital Health*. 2023;2:e0000211.
29. McCall SJ, El Khoury TC, **Ghattas H**, Elbassuoni S, Murtada MH, [Jamaluddine Z](#), Haddad C, Hussein A, Krounbi A, DeJong J, Khazaal J. Maternal and infant outcomes of Syrian and Palestinian refugees, Lebanese and migrant women giving birth in a tertiary public hospital in Lebanon: a secondary analysis of an obstetric database. *BMJ open*. 2023; 13: e064859.
30. Sheikomar OB, **Ghattas H**, Sahyoun NR. Relationship between Live-In Grandparents and Grandchild's Health and Well-Being in Palestinian Refugees in Lebanon. *International Journal of Environmental Research and Public Health*. 2023; 20:370.
31. Elbassuoni S, **Ghattas H<sup>‡</sup>**, El Ati J, Shmayssani Z, Katerji S, Zoughbi Y, [Semaan A](#), [Akl C](#), Gharbia HB, Sassi S. DeepNOVA: A Deep Learning NOVA Classifier for Food Images. *IEEE Access*. 2022.
32. Lin TK, Kafri R, Hammoudeh W, Mitwalli S, Jamaluddine Z, **Ghattas H**, Giacaman R, Leone T. Pathways to food insecurity in the context of conflict: the case of the occupied Palestinian territory. *Conflict and Health*. 2022;16:1-9.
33. McCall SJ, El Khoury T, Salibi N, [Abi Zeid B](#), El Haddad M, Alawieh MF, Abdulrahim S, Chaaya M, **Ghattas H<sup>‡</sup>**, Sibai AM. Development of a Prediction Model for the Management of Noncommunicable Diseases Among Older Syrian Refugees Amidst the COVID-19 Pandemic in Lebanon. *JAMA network open*. 2022;5: e2231633.
34. [Valente de Almeida S](#), Paolucci G, Seita A, **Ghattas H<sup>‡</sup>**. Co-payments and equity in care: enhancing hospitalisation policy for Palestine refugees in Lebanon. *BMC health services research*. 2022; 22: 1-9.

35. **Ghattas H\***, [Jamaluddine Z](#), [Semaan A](#), [El-Helou N](#), [Safadi G](#), [Elghossain T](#), [Akl C](#), Elbassuoni S, Chalak A, El Ati J, SCALE Research Group. School and community drivers of child diets in two Arab cities: The SCALE protocol and innovative tools to assess children's food environments. *Plos One*. 2022; 17: e0264963.
36. Haddad J, Chaaban J, Chalak A, **Ghattas H**. Does Income Class Affect Life Satisfaction? New Evidence from Cross-Country Microdata. *Social Sciences*. 2022; 11:262.
37. Frongillo EA, Fram MS, **Ghattas H**, Bernal J, [Jamaluddine Z](#), Kirkpatrick SI, Hammond D, Aurino E, Wolf S, Goudet SM, Nyawo M. Development, Validity, and Cross-Context Equivalence of the Child Food Insecurity Experiences Scale for Assessing Food Insecurity of School-Age Children and Adolescents. *The Journal of Nutrition*. 2022; 152: 2135–2144.
38. [Jamaluddine Z](#), [Akik C](#), [Safadi G](#), Abou Fakher S, [El-Helou N](#), Moussa S, Anid D, **Ghattas H\***. Does a school snack make a difference? An evaluation of the World Food Programme emergency school feeding programme in Lebanon among Lebanese and Syrian refugee children. *Public Health Nutrition*. 2022; 25:1678-90.
39. [Akik C](#), [Asfahani F](#), [Elghossain T](#), [Mesmar S](#), Rabkin M, El Sadr W, Fouad FM, **Ghattas H\***. Healthcare system responses to non-communicable diseases' needs of Syrian refugees: The cases of Jordan and Lebanon. *Journal of migration and health*. 2022;6:100136.
40. Stevenson K, Holtermann-Entwistle O, Alameddine R, **Ghattas H**, DeJong J, Singh N, Usta J. Prioritising women's and girls' health in disaster settings: Lessons from the COVID-19 pandemic and the overlapping crises affecting Beirut, Lebanon. *Global Public Health*. 2022; 17: 794-9.
41. [Saad GE](#), **Ghattas H**, Wendt A, Hellwig F, DeJong J, Boerma T, Victora C, Barros AJ. Paving the way to understanding female-headed households: Variation in household composition across 103 low-and middle-income countries. *Journal of global health*. 2022; 12: 04038.
42. [Talhok R](#), Montague K, **Ghattas H**, Araujo-Soares V, Ahmad B, Balaam M. Refugee Food Insecurity & Technology: Surfacing Experiences of Adaptation, Navigation, Negotiation and Sharing. *Computer Supported Cooperative Work (CSCW)*. 2022; 1-32.
43. Moussa W, Salti N, Irani A, Al Mokdad R, [Jamaluddine Z](#), Chaaban J, **Ghattas H**. The impact of cash transfers on Syrian refugee children in Lebanon. *World Development*. 2022; 150:105711.
44. Salti N, Chaaban J, Moussa W, Irani A, Al Mokdad R, [Jamaluddine Z](#), **Ghattas H**. The impact of cash transfers on Syrian refugees in Lebanon: Evidence from a multidimensional regression discontinuity design. *Journal of Development Economics*. 2021:102803.
45. Salibi N, Abdulrahim S, El Haddad M, Bassil S, El Khoury Z, **Ghattas H**<sup>‡</sup>, McCall SJ. COVID-19 vaccine acceptance in older Syrian refugees: preliminary findings from an ongoing study. *Preventive medicine reports*. 2021; 24:101606.
46. **Ghattas H\***, [Jamaluddine Z](#), [Akik C](#). Double burden of malnutrition in children and adolescents in the Arab region. *The Lancet Child & Adolescent Health*. 2021;5(7):462-4.
47. [Shaker-Berberi L](#), Qahoush Tyler V, [Akik C](#), [Jamaluddine Z](#), **Ghattas H**<sup>‡</sup>. Predictors of complementary feeding practices among children aged 6–23 months in five countries in the Middle East and North Africa region. *Maternal & Child Nutrition*. 2021:e13223.

48. Sheikomar OB, Dean W, **Ghattas H**, Sahyoun NR. Validity of the Food Insecurity Experience Scale (FIES) for use in League of Arab States (LAS) and Characteristics of Food Insecure Individuals by Human Development Index (HDI). *Current Developments in Nutrition*. 2021(4):nzab017.
49. Singh NS, Ataullahjan A, Ndiaye K, Das JK, Wise PH, Altare C, Ahmed Z, Sami S, Akik C, Tappis H, Mirzazada S, Garcés-Palacio C, **Ghattas H**, Langer A, Waldman RJ, Spiegel P, Bhutta ZA, Blanchet K and the BRANCH Consortium Steering Committee. Delivering health interventions to women, children, and adolescents in conflict settings: What have we learned from ten country case studies?. *The Lancet*. 2021;397(10273):533-42.
50. Stoler J, Miller JD, Brewis A, Freeman MC, Harris LM, Jepson W, Pearson AL, Rosinger AY, Shah SH, Staddon C, Workman C. and the **HWISE Research Coordination Network**. Household Water Insecurity Will Complicate the Ongoing COVID-19 Response: Evidence from 29 Sites in 23 Low-and Middle-Income Countries. *International Journal of Hygiene and Environmental Health*. 2021: 113715.
51. Watt G, Giacaman R, Zurayk H, Bjertness E, Holmboe-Ottesen G, **Ghattas H**, Nuwayhid I, Leaning J, Yudkin JS, Elessi K, Sullivan R. COVID-19 vaccines for Palestinians. *The Lancet*. 2021;397(10273):579.
52. Jamaluddine Z, Choufani J, Masterson AR, Hoteit R, Sahyoun NR, **Ghattas H\***. A Community-Based School Nutrition Intervention Improves Diet Diversity and School Attendance in Palestinian Refugee Schoolchildren in Lebanon. *Current developments in nutrition*. 2020;4(11):nzaa164.
53. Talhok R, Akik C, Araujo-Soares V, Ahmad B, Mesmar S, Olivier P, Balaam M, Montague K, Garbett A, **Ghattas H<sup>‡</sup>**. Integrating Health Technologies in Health Services for Syrian Refugees in Lebanon: A Qualitative Study. *Journal of Medical Internet Research*. 2020;22(7):e14283.
54. Talhok RR, Coles-Kemp L, Jensen RB, Balaam M, Garbett A, **Ghattas H**, Araujo-Soares V, Ahmad B, Montague K. Food Aid Technology: The Experience of a Syrian Refugee Community in Coping with Food Insecurity. *Proceedings of the ACM: Human Computer Interaction*. 2020 ;4(CSCW2):134.
55. Akik C, Semaan A, Shaker-Berbari L, Jamaluddine Z, Saad GE, Lopes K, Constantin J, Ekzayez A, Singh NS, Blanchet K, DeJong J, **Ghattas H\***. Responding to health needs of women, children and adolescents within Syria during conflict: intervention coverage, challenges and adaptations. *Conflict and Health*. 2020;14(1):1-9.
56. Sahyoun NR, Sassine A, Vaudin A, Sakr-Ashour F, **Ghattas H<sup>‡</sup>**. Living arrangements and food security of a sample of older Palestinian refugees in Lebanon. *Journal of Global Health Reports*. 2020;4:e2020051.
57. Akl C, Akik C, **Ghattas H**, Obermeyer CM. The cascade of care in managing hypertension in the Arab world: a systematic assessment of the evidence on awareness, treatment and control. *BMC Public Health*. 2020;20(1):1-3.
58. Stoler J, Pearson AL, Staddon C, Wutich A, Mack E, Brewis A, Rosinger AY, Adams E, Ahmed JF, Alexander M, Balogun M, **HWISE Research Coordination Network**. Cash water expenditures are associated with household water insecurity, food insecurity, and perceived stress in study sites across 20 low-and middle-income countries. *Science of the Total Environment*. 2020;716:135881.

59. **Ghattas H**, Acharya Y, Jamaluddine Z, Assi M, El Asmar K, Jones AD. Child-level double burden of malnutrition in the MENA and LAC regions—Prevalence and social determinants. *Maternal & Child Nutrition*. 2019; e12923.
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41. **Ghattas H**. Interdisciplinary Research Collaborations in contexts of Forced Displacement. Boston University Conference on The Role of the University in the Crisis of Forced Displacement: Ethics, Innovation, and Immersive Learning, Boston, September 2019.
42. **Ghattas H**. Ethical Considerations in humanitarian technologies. Boston University Conference on The Role of the University in the Crisis of Forced Displacement: Ethics, Innovation, and Immersive Learning, Boston, September 2019.
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45. **Ghattas H**, DeJong J, Akik C, Saad G, Shaker S, Semaan A, Jamaluddine Z, Singh N, Blanchet K. Generating evidence in conflict situations: piecing together RMNCAH & N data for populations affected by the Syria conflict. The Partnership for Maternal Newborn and Child Health, Partner's Forum 2018, New Delhi, December 2018.
46. **Ghattas H**, Jamaluddine Z, Choufani J, Reese-Masterson A, Sahyoun NR. The *Healthy Kitchens, Healthy Children* intervention; a community-based intervention with multigenerational impact. The American Society of Nutrition Annual Meeting, Boston, June 2018.
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59. **Ghattas H**, Chaaban J, Salti N, Irani A, Ismail T. Poverty, food insecurity and health of Palestinian refugees in Lebanon and recently displaced from Syria to Lebanon: Findings from the 2015 socio-economic household survey. Abstract from the Lancet Palestinian Health Alliance Conference on “The Health of Palestinians Inside and Outside the Occupied Palestinian Territory”, Amman, March 2016.
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69. **Ghattas H**. Assessment for program planning: Improving food and health among schoolchildren in Aarsal. Presentation at the AUB-FHS conference on “Perspectives on Health Promotion: Cases from NCDIs”, Beirut, February 2014.
70. **Ghattas H**, Sahyoun NR, Seyfert K, Sassine AJ. Food insecurity in Palestinian and Iraqi refugees in Lebanon. *The FASEB Journal*. 2013;27:1054.3. Abstract from Experimental Biology, Boston, April 2013.
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75. Batal M, Talhouk SN, Ousta D, **Ghattas H**, Obeid O, Olabi A, Kassaify Z, Chaaban J, Makhzoumi J. An eco-health approach to nutritional and environmental problems in the 21st century: a case-study from Lebanon. Presented at the 2nd American Society for Nutrition Middle East Congress (Nutrition in Health & Disease), Dubai, February 2013.

76. **Ghattas H**, Sassine AJ. Food insecurity and nutritional status of children. Presentation at the AUB-LANFS conference on “Ensuring a Healthy Start for the Pediatric Population”, Beirut, December 2012.
77. **Ghattas H**, Seyfert K, Sahyoun NR. Food insecurity among Palestinian refugees living in Lebanon: a household survey. *The Lancet*. 2012;380:S7-S8. Abstract from the Lancet Palestinian Health Alliance Conference on “The Health of Palestinians Inside and Outside the Occupied Palestinian Territory”, Beirut, March 2012.
78. **Ghattas H**. Food security, nutrition and health in the Arab World: The case of marginalised populations in Lebanon. Presentation at the IFRPI-UN ESCWA Conference on “Food secure Arab World, A roadmap for policy and research”, Beirut, February 2012.
79. **Ghattas H**. Challenges in Measuring Food and Nutrition Security. Presentation at the Regional conference on "Food Security in the Middle East and North Africa: The Role of Academic and Research Institutions", Beirut, June 2011.
80. **Ghattas H**. Iron deficiency: The size of the global problem. *Ann Nutr Metab*. 2007; 51:S31. Abstract from the European Nutrition Congress, Paris, June 2007.
81. **Ghattas H**, Fulford AJ, Kall M, Cox SE, Mkombe M, Ali NS, Rockett K, Kwiatkowski D, Stoltzfus RJ, Prentice AM. A haptoglobin gene promoter polymorphism (A-61C) protects from anaemia in pregnant Zanzibari women. *The FASEB Journal*. 2007; 21: A1119. Abstract from Experimental Biology, Washington DC, April 2007.
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84. **Ghattas H**, Wallace DL, Darboe BM, Prentice AM, Macallan DC. Long term effect of perinatal nutrition on T-lymphocyte kinetics in young Gambian men. Abstract from the 18th International Congress on Nutrition, Durban, September 2005.
85. **Ghattas H**, Solon J, Wallace DL, Griffin GE, Prentice AM, Macallan DC. T-Lymphocyte subsets and kinetics in young Gambian men. *Clin Investig Med* 2004; 27S. Abstract from the 12th International Congress of Immunology, Montreal, July 2004.
86. **Ghattas H**, Irvine, A, Wallace DL, Solon, J, Morgan G, Prentice AM, MacAllan DC. The long-term effects of perinatal malnutrition on immunity: Lymphocyte subset distribution and kinetics in young Gambian men. *Ann Nutr Metab* 2003;47:461. Abstract from the 9th European Nutrition Congress, Rome, October 2003.
87. **Ghattas H**, Irvine AI, Wallace DL, Prentice AM, Macallan DC. Perinatal nutritional programming of adult immunity: studies of lymphocyte kinetics in young men in The Gambia. Abstract from “Research in Progress”, The Royal Society of Tropical Medicine and Hygiene, London, December 2002.
88. Hodgson LM, **Ghattas H**, Pritchitt H, Schwenk A, Macallan DC. Nutritional Demographics in an HIV outpatients clinic. Abstract from the 23rd ESPEN Congress, Munich, September 2001.

## EXPERT WORKSHOPS & INVITED LECTURES

1. Invited speaker. Capturing children's food exposures using wearable cameras and machine learning: case studies from Tunisia and Lebanon. International Food Policy Research Institute (IFPRI) Food Environment and Dietary Assessment Seminar Series. May 7, 2025.
2. Keynote speaker and panelist. Food security and nutrition in protracted crises: Challenges & interventions. Panel on Global food security and nutrition in the context of climate crises and conflicts. UNC Gillings School of Global Public Health. March 28, 2025.
3. Invited speaker. Vulnerability and resilience of newborns and young children in the face of conflict, climate and economic crises. USC Nutrition Research Symposium. March 20, 2025.
4. Presenter. Co-producing food system maps online using Group Model Building. Agriculture, Nutrition and Health Academy Learning Lab. July 17, 2024.
5. Invited speaker. Inequities in food security and food environments: Research innovations in crisis contexts. Department of Health Promotion, Education and Behavior Colloquium Series Lecture. April 12, 2024.
6. Invited speaker. School and community drivers of child diets in Arab cities; identifying levers for intervention (SCALE) Study. Séminaire MoISA « Systèmes Alimentaires en Méditerranée », Institut de Recherche pour le Développement, Montpellier, France. February 8, 2024.
7. Invited speaker/discussant. Recent advances in measuring nutrition and physical activity using wearable devices. Arnold School of Public Health, Physical Activity Brown Bottle Series. November 29, 2023.
8. Invited speaker. AI & Machine learning in Food Environment Research and how it can be adapted to the African context. Africa Food Environment Research Network (FERN) meeting. November 3, 2023.
9. Invited speaker. Dissemination webinar series from the School and Community Drivers of Child Diets in Arab Cities study. International Development Research Center (IDRC) Canada.
  - a. The economics of food environments and food choice. July 10, 2023
  - b. Food environments of school-aged children. July 17, 2023
10. Invited speaker. Food security, nutrition and health inequities in the context of protracted crises. USC Nutrition Research Symposium. March 23, 2023.
11. Invited speaker. The impact of agricultural interventions in Syria. Center of Excellence for Development Impact and Learning (CEDIL), UK-Aid. December 15, 2022.
12. Invited speaker. A system's approach to improving children's diets: Learning from lived experience. UNICEF Masterclass. November 2022.
13. Invited speaker. Children's lived experiences of food insecurity and food environments in the context of protracted crises. Food Environments Lived Experiences Community of Practice, City, University of London. November 2022.
14. Invited speaker. Lessons learned from applying the Child Food Insecurity Experiences Scale in school-based surveys in Lebanon. UNICEF Data Collection Webinar Series on Child Food Insecurity. June 2022.

15. Invited speaker. Adolescent health in humanitarian crises: challenges, data gaps and lessons learned from the Middle East. Gairdner Foundation Global Perspectives Panel on Navigating Transitions. May 2022.
16. Invited speaker. Frameworks for food systems approaches to food and nutrition security in populations affected by protracted humanitarian crises. Agriculture, Nutrition and Health Academy Webinar series. January 2022.
17. Invited speaker. Health inequalities in Lebanon. Institute of Community and Public Health, Birzeit University workshop on inequalities in health. December 2021.
18. Invited speaker. Responding to Women's, Newborns', Children's, and Adolescents' Health (WCH) needs in Conflict Settings in the EMR - lessons learned and course ahead. BRANCH consortium regional stakeholder event. October 2021.
19. Invited speaker. Global Obesity Forum. Insights from research on school and community drivers of children's diets in the Middle East and North Africa. September 2021.
20. Invited speaker. Boston University Initiative on Forced Displacement. COVID-19 and refugees in Lebanon. June 2021.
21. Invited speaker. Consortium of Universities for Global Health Webinar: Health in Areas Affected by Violent Conflict: Time for Academic Global Health Programs to Respond. February 2021.
22. Invited speaker. AUB Food security program webinar series. The Impact of Covid-19 on Gender and Food. June 2020.
23. Invited speaker. Boston University Initiative on Forced Displacement. Protracted forced displacement in Lebanon: How context affects food security, nutrition and health of refugees. June 2020.
24. Expert. FAO Expert consultation on the Food Insecurity Experience Scale. Rome, February 2019.
25. Expert. UN Secretary General's Independent Accountability Panel for Women's, Children's and Adolescents' Health internal retreat, New Delhi, December 2018.
26. Panelist. University of Birmingham, Workshop on Practical Humanities: Resilient Places, Beirut, November 2018.
27. Participant. League of Arab States and UNFPA Expert Group Meeting on Reviewing PAFAM Structure and Survey Tools, Cairo, July 2018.
28. Invited Speaker. Lessons learned from applying FIES in Lebanon and the region. Food Insecurity Experience Scale (FIES) Consultation meeting, FAO and Ministry of Agriculture, Beirut, Lebanon, December 2017.
29. Participant. RMNCAH&N in Conflict Settings – Country Case Studies Meeting, Dubai, November 2017.
30. Participant. Lancet-AUB Commission on Syria: Health in conflict, Third Commissioners Meeting, American University of Paris, October 2017.
31. Invited Speaker. Palestinian Refugees, Palestinian Refugees from Syria and Syrian Refugees living in Lebanon; A National Multiple Overlapping Deprivation Analysis (N-MODA). UNICEF and Ministry of Social Affairs, Beirut, Lebanon, July 2017.

32. Participant. First Consultative Meeting on Food Security Assessment and Monitoring in the Arab Region, Economic and Social Commission for Western Asia (ESCWA), Beirut, April 2017.
33. Observer. Lancet Commission on Syria: Health in Conflict. American University of Beirut, December, 2016.
34. Participant. Improving health through better governance – strengthening the governance of diet and nutrition partnerships for the prevention of chronic diseases. Rockefeller Foundation, Bellagio Center, Italy, November 2015.
35. Invited lecture. Dual burdens and food insecurity: Examples from the Arab world in transition. Columbia University, Mailman School of Public Health, June 2015.
36. Participant. Diabetes and its adaptive baseline: Establishing trends across ecological settings. UCL Diabetes Network. University College London, London, January 2015.

## **MEDIA COVERAGE**

1. Bluvas E (2024). *Unhealthy food environments may play a role in increasing rates of childhood obesity in low- and middle-income countries*. Arnold School of Public Health News. [https://www.sc.edu/study/colleges\\_schools/public\\_health/about/news/2024/urban\\_food\\_environments\\_ghattas.php](https://www.sc.edu/study/colleges_schools/public_health/about/news/2024/urban_food_environments_ghattas.php)
2. Bluvas E (2023). *Hala Ghattas tackles nutrition inequities for refugees*. Arnold School of Public Health Spotlight. [https://sc.edu/study/colleges\\_schools/public\\_health/about/news/2023/faculty\\_intro\\_hpeb\\_ghattas.php](https://sc.edu/study/colleges_schools/public_health/about/news/2023/faculty_intro_hpeb_ghattas.php)
3. Morgan J. *Hala Ghattas (Profile)*. The Lancet Child & Adolescent Health. 2021;5(7):470.
4. IRIN news (2018). *A new normal in humanitarian aid: treating middle-class diseases*. Available at: <https://www.irinnews.org/analysis/2018/12/11/new-normal-humanitarian-aid-treating-middle-class-diseases>
5. L'Orient le Jour (2016). *Décision ministérielle imposant l'iodation du sel*. L'Orient le Jour [print & online]. Available at: <http://www.lorientlejour.com/article/1000963/decision-ministerielle-imposant-liodation-du-sel.html>
6. Food and Agriculture Organization of the United Nations, Fao.org, (2015). *Voices of the Hungry; eight licences for eight brilliant minds*. [online] Available at: <http://www.fao.org/3/a-bl331e.pdf>
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8. Shaheen, K. (2014). *Lebanon's Iraqi refugees are going hungry*. The Daily Star. [print & online] p 4. Available at: <http://www.dailystar.com.lb/News/Lebanon-News/2014/May-16/256598-lebanons-iraqi-refugees-are-going-hungry.ashx>
9. American University of Beirut , Aub.edu.lb, (2012). *AUB offers training on nutrition in international emergencies*. [online] Available at: <http://www.aub.edu.lb/news/2012/Pages/nutrition-emergencies.aspx>
10. The Economist (2012). *Arab Diets: Feast and Famine*. The Economist: Middle East and Africa. [print a & online]. Available at: <http://www.economist.com/node/21549018>
11. Gaiadiscovery.com. (2012). *Hala Ghattas investigates Obesity and Hunger at the same time*. [online] Available at: <http://www.gaiadiscovery.com/latest-people/hala-ghattas-investigates-obesity-and-hunger-at-the-same-tim.html>

12. Ghattas, H. (2012). *What Lebanon Wants*. Maingate, (10), p 39. [print & online] Available at: <http://viewer.zmags.com/publication/b50a933c>
13. American University of Beirut , Aub.edu.lb, (2011). *Academic and research institutions have a role in reducing food insecurity*. [online] Available at: <http://www.aub.edu.lb/news/Pages/food-insecurity-institutions.aspx>
14. Halabi, S. (2011). A homegrown shortfall . Executive Magazine. [print & online]. Available at: <http://www.executive-magazine.com/economics-policy/a-homegrown-shortfall>
15. American University of Beirut , Aub.edu.lb, (2010). *The first 'Nutrition in Emergencies' professional training course held at AUB*. [online] Available at: <http://www.aub.edu.lb/news/Pages/111162.aspx>

## TEACHING AND ADVISING

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### Doctoral Students

1. Sanchez-Franco S. (2025-present), TBD. Arnold School of Public Health, University of South Carolina (*chair*)
2. Abi Zeid B. (2023-present), Does school nutrition environment moderate the association between child food insecurity experience and poor diets? Arnold School of Public Health, University of South Carolina (*chair*)
3. Dunbar T. (2023-present), Exploring health-seeking behavior and service utilization of homeless Black men at risk for poor mental health in Columbia, South Carolina. Arnold School of Public Health, University of South Carolina (*chair*)
4. Gemayel G. (2025-present), The impact of climate change on women's nutritional status in the South West Asia and North Africa region. Department of Geography and Environment, UNC Chapel Hill, (*committee member*)
5. El Khoury T. (2025-present), Glycemic control and cognitive function among older adults in Lebanon. Department of Epidemiology and Population Health, American University of Beirut, (*committee member*)
6. Ngwa CH. (2024-present), Adverse childhood experiences, life course socioeconomic position and cognitive performance among older adults in Lebanon: Evidence from the Lebanon Study on Ageing and Health (LSAHA). Department of Epidemiology and Population Health, American University of Beirut, (*committee member*)
7. Samin S. (2023-present), Understanding Lived Experiences of Food Environments and Healthfulness of Diets among Adolescents in Bangladesh. Arnold School of Public Health, University of South Carolina (*committee member*)
8. Isanovic S. (2023-present), Development and Validation of a Food Safety Experience Scale. Arnold School of Public Health, University of South Carolina (*committee member*)
9. Kadiri N. (2022-present), Examining the Sociocultural Factors that Influence 2nd Generation Nigerians' Responses to Physical Health Challenges and their Engagement with the American Health Care System. Arnold School of Public Health, University of South Carolina (*committee member*)
10. Herran K. (2023-2025), Food Insecurity and Social Connection of Nicaraguan Refugees and Asylum Seekers in Costa Rica: a Qualitative Study. Arnold School of Public Health, University of South Carolina (*committee member*)
11. Jamaludine Z. (2020-2024), A protracted refugee birth cohort: exploring effects of conflict on small-size birth, and of small-size at birth on subsequent child wellbeing outcomes. London School of Hygiene and Tropical Medicine, UK (*co-advisor*)
12. Saad G. (2019-2023), Female headed household typologies and their role in child health. Department of Epidemiology and Population Health, American University of Beirut, (*chair*)
13. Akl C. (2018-2023), The role of school food environments in determining children's food choices. Department of Epidemiology and Population Health, American University of Beirut, (*chair*)
14. Shiekh O. (2014-2021), Food insecurity among vulnerable populations in Arab countries. Department of Nutrition and Food Science, University of Maryland, College Park, MD, USA (*committee member*)

15. Talhouk R. (2016-2020), Using technology in building refugee community resilience. Open Lab, Newcastle University, UK (*co-advisor*)
16. Wambogo E. (2015-2018), Food insecurity among older adults in Sub-Saharan Africa: A multisectoral approach, Department of Nutrition and Food Science, University of Maryland, College Park, MD, USA (*committee member*)
17. Shaker L. (2013-2018), Protecting the vulnerable in times of vulnerability – Infant and young child feeding in emergencies. School of Nursing and Health Sciences, University of Dundee, UK (*co-advisor*)
18. Akik C. (2011-2014), Breastfeeding in Lebanon: Barriers and policy dynamics. Department of Population Health, London School of Hygiene and Tropical Medicine, UK (*co-advisor*)

**Department of Health Promotion, Education, and Behavior, Arnold School of Public Health, University of South Carolina**

*Courses taught*

- HPEB 792/775 Health of Populations Affected by Humanitarian Crises (*graduate*), Fall 2023, 2025
- HPEB 818 Advanced Evaluation of Health Promotion Programs (*doctoral*), Spring 2023, 2024, 2025
- HPEB 470 Principles of Global Health (*undergraduate*), co-teaching Fall 2025
- HPEB 797 Applied Practice Experience (*graduate*), Spring 2024

*Guest lecturer*

- HPEB 710 Evaluation of Health Promotion Programs, Fall 2025
- EPID 721 Clinical and Population Research Protocol Development and Implementation, Spring 2025
- HPEB 772 Responding to Global Health Challenges (*graduate*), Spring 2023
- HPEB 620 Nutrition Through the Life Cycle, Spring 2023
- HPEB 704 Health Education Research Seminar (*doctoral*), Spring 2023, Spring 2025
- HPEB 715 Qualitative Research Methods in Public Health (*graduate*), Fall 2022

*MPH Practicum Supervisor*

1. Looney E. (2024), Beyond the Plate: Understanding and Reducing Consumer-Generated Food Waste at USC Dining Facilities.

**Department of Epidemiology and Population Health, Faculty of Health Sciences, American University of Beirut**

*Courses taught*

- NFSC 300A Graduate tutorial in Nutritional Epidemiology, 2021 - 2022
- EPHD 445 Writing Research Grants (*doctoral*), 2021 - 2022
- EPHD 440 Doctoral Seminar in Epidemiology, 2020 - 2022
- PBHL 310 Research Design (*quantitative practical lead*), 2017 - 2022
- PBHL 220/320CC Design of Engineering Solutions for Health Challenges in Crises, 2021
- EPHD 340 Departmental Seminar: *Neighbourhoods, Place and Health*, 2018
- EPHD 365 Practicum in Epidemiology and Biostatistics (*graduate practicum advisor*), 2015-2022
- IDTH 232 Research design and Development (*mentor to medical students*), 2014-2022
- IDTH 268 Special Projects in Medicine (*mentor to 4<sup>th</sup> year medical students*), 2016-2022

*Guest lecturer*

- PBHL 302 Methods in Humanitarian Settings (*graduate*), 2021
- IPEC 300 Interprofessional Education (*graduate*), 2021
- EPHD 317 Epidemiology of Non-Communicable Diseases and Mental Health Disorders (*graduate*), 2020- 2022
- PBHL 302 Implementation Research for Public Health (*graduate*), Fall 2016
- EPHD 323 Epidemiology of Communicable and Non-Communicable Diseases (*graduate*), Spring 2016, Spring 2021
- HPCH 332 Community Health and Development (*graduate*), Spring 2015

*MSc Epidemiology thesis advisor*

1. Ali F. (2023), Food Insecurity and Mental Illness in a Conflict-Affected Population: A Cross-Sectional Study of Adults in Gaza.
2. Lopes K. (2019), Impact evaluation of multi-purpose cash assistance on health care services utilization among Syrian refugees in Lebanon: the role of proximity to health care
3. Hoteit R. (2018), Does A Subsidized School Meal Program Reduce Absenteeism and Improve Academic Performance of Palestinian Refugee School Children?
4. Battistin F. (2016), Does unconditional, unrestricted cash assistance improve Syrian refugee's physical and material wellbeing?
5. Assi M. (2015), The double burden of malnutrition in under-5 year old children in Arab countries: An analysis of prevalence and predictors.

**Department of Nutrition and Food Sciences, Faculty of Agricultural and Food Sciences, American University of Beirut**

*Community nutrition practicum coordinator (2009-2013)*

*Courses taught*

- NFSC 222 (3cr.) Community Nutrition (*undergraduate*), Fall 2009 - Fall 2012
- NFSC 283 (3cr.) Nutrition education and communication (*undergraduate*), Fall 2009 – Fall 2012
- NFSC 296 (1cr.) Current topics in Food Sciences and Nutrition (*undergraduate seminar advisor*), 2009-2013
- NFSC 299 (2cr.) Projects in Nutrition and Food Sciences (*undergraduate project advisor*), 2009-2013
- NFSC 306 (3cr.) Community Nutrition: Research and Intervention (*graduate*), Spring 2010, Spring 2012
- NFSC 395 (1cr.) Graduate Seminar in Nutrition and Food Science, Spring 2012

*MSc Nutrition thesis advisor*

1. Aqeel M. (2014) Children's Experiences of Food Insecurity in Lebanon – A Qualitative Study.
2. El Hayek J. (2013) Development of low-cost sample diets for adults living in rural areas of Lebanon using Linear Programming models.
3. Khalil L. (2012) The effect of body mass index and adiposity on iron status in Lebanese children and adolescents.
4. Safieddine B. (2012) Breastfeeding support given by health care providers and society: a qualitative study investigating perspectives of women living in the Southern Suburbs of Beirut.
5. Khudari H. (2011) Nutritional Status Assessment of school children in Aarsal.

**Department of Epidemiology and Population Health, London School of Hygiene and Tropical Medicine**

*Module co-organiser:*

Module 2440 Maternal and Child Nutrition (2005-2008)

*Distance learning tutor:*

EP 201 Study design: writing a grant application (2007)

*MSc project advisor:*

1. Bailey J. (2008) The potential of ready to use foods in complementary feeding.
2. Dodhia S. (2006) The prevention of iron deficiency anaemia in malaria endemic regions by iron supplementation: Are international guidelines based on evidence?
3. Akik C. (2006) An evaluation of complementary feeding patterns in Lebanon: A cross-

sectional study

4. Kagiafa D. (2005) The role of dairy consumption in adult obesity: a systematic review.

*MSc project co-advisor:*

1. Asfahani F. (2016) Food insecurity and wellbeing among youth in the Arab world: secondary data analysis.
2. Shahid H. (2015) Socioeconomic Determinants of Chronic Disease Amongst Palestinian Refugees in Lebanon

## **PROFESSIONAL DEVELOPMENT**

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June 2021	Survey Research Center Summer Institute, University of Michigan, course attended: <i>Responsive Survey Design</i>
June 2016	Epidemiology and Population Health Summer Institute, Mailman School of Public Health, Columbia University, courses attended: <i>Digital Acquisition of Big Data</i> <i>Growth Curve Modelling</i>
June 2015	Epidemiology and Population Health Summer Institute, Mailman School of Public Health, Columbia University, courses attended: <i>Spatial Analysis in Epidemiology</i> <i>Assessing Neighborhoods in Epidemiology</i>
2006-2007	Certificate in Learning and Teaching (Module 1), London School of Hygiene and Tropical Medicine, workshops attended: <i>Small Group Teaching</i> <i>Planning Learning Activities: teaching sessions</i> <i>Assessments: Marking and Giving Feedback</i> <i>Presenting a Lecture: Large group teaching</i> <i>Personal Tutoring</i> <i>Peer Observation: Reflective Practice and Self-evaluation</i>

## **SERVICE**

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### **University of South Carolina**

2024 – present	Member, HPEB Chair Search Committee, Department of Health Promotion, Education and Behavior
2024 – present	Member, Doctoral Committee, Department of Health Promotion, Education and Behavior
2022 – present	Member, Steering Committee, University of South Carolina Nutrition Consortium
2023 – 2024	Member, Student Engagement Committee, Department of Health Promotion, Education and Behavior
2022 – 2024	Member, Scholarship and Awards Committee, Department of Health Promotion, Education and Behavior

### **American University of Beirut**

2021 – 2022	Co-facilitator, AUB VITAL Cluster of Research Excellence on Intelligence and Insights
2021 – 2022	Member, AUB Artificial Intelligence, Computational and Data Sciences Task Force
2020 – 2022	Faculty of Health Sciences Coordinator, MSc Public Health Nutrition Programme Committee
2019 – 2022	Faculty of Health Sciences (FHS) representative, Social and Behavioural Sciences Institutional Research Board (IRB)

2018 – 2022	Member, FHS Research Committee
2018 – 2022	FHS representative, AUB AREC Taskforce
2018 – 2022	Member, Food Security Program Committee
2017 – 2022	Co-founder & co-organizer, Humanitarian Engineering Initiative and Summer/Winter school
2017 – 2022	Member, AUB Leadership, Equity, and Diversity Initiative (LEAD) Civic Engagement Committee
2014 – 2022	Co-organiser, Faculty of Health Sciences Annual Faculty Research Day
2013 – 2022	Member, Faculty of Health Sciences Task Force on Emergencies and Health & sub-Task force on conflict in the curriculum
2019	Member, FHS Integrative Learning Experience (ILE) Curriculum Committee
2019	Member, FHS self-study Committee on Research, Teaching, Practice and Community Engagement (TReP Committee), in preparation for re-accreditation by the Council on Education in Public Health (CEPH)
2015 – 2019	Member, AUB Syrian Refugee Crisis Committee (AUB4Refugees)
2014 – 2019	Co-organiser, Center for Research on Population and Health Research Incubation Seminars
2014 – 2019	Member, Curriculum committee for the Global Master's in Health and Sustainable Development
2011 – 2019	Reviewer, Social and Behavioural Sciences Institutional Research Board
2016	Member, Selection Committee for the Coordinator of the Global Master's program
2014	Member, Faculty of Health Sciences, Scientific Committee for the 60th Anniversary Conference
2012-2013	Chair, Faculty of Agricultural and Food Sciences (FAFS)-FHS committee for the development of a new Master's degree in Public Health Nutrition
2012	Member, Program Review Committee, Department of Nutrition and Food Sciences
2011-2013	Member, Faculty of Agricultural and Food Sciences (FAFS) Library Committee
2009-2013	Member, Faculty of Agricultural and Food Sciences Graduate Studies Committee
2010-2013	Member, AUB Nature Conservation Center (NCC)
2009-2013	Organizer, Annual AUB Wellness Committee Fit-a-thon
2010-2011	FAFS representative, PhD Task Force Committee for the Biomedical Sciences Doctoral program
2010-2011	Faculty Advisor to the joint FAFS/IFI Program on Food Security and Policy in the Middle East
2010	FAFS representative on the Social and Behavioural Sciences Institutional Research Board
2009-2011	Member, Faculty of Agricultural and Food Sciences Research Committee

### **Professional Service**

2023 -	Mentor, RWJF Health Policy Research Scholars, Johns Hopkins Bloomberg School of Public Health
2022 -	Member of the Advisory Board of the Center for Research on Population and Health, American University of Beirut
2022 -	Member, Strategy Group, Next Gen(d)eration Leadership for a Well-Nourished World.
2022 -	Member, Lancet Palestinian Health Alliance Coordinating Committee.
2021 -	Member, International Advisory Board of the Centre de Recherche en Santé

Publique, Université de Montreal.

- 2018 - Member, Lancet Palestinian Health Alliance Steering Group.
- 2024 External evaluator, Tenure & Promotion, Department of Human Sciences, Sam Houston State University
- 2022, 2024-25 Member and Peer-Reviewer, Agriculture, Nutrition and Health (ANH) Academy Week Scientific Committee
- 2005 – Ad-hoc peer reviewer for Journal of Adolescent Health, Lancet Child and Adolescent Health, PLoS Medicine, Journal of Nutrition, Public Health Nutrition, American Journal of Human Biology, Tropical Medicine and International Health, and Public Health.
- 2019 - 2023 Member, Arab Council for Social Sciences Dataverse Advisory Committee.
- 2015 – 2022 Advisor to the United Nations Relief and Works Agency for Palestine refugees (UNRWA) Canteen Task force aiming to improve food environments of UNRWA schools.
- 2019 - 2021 Member, Household Water Insecurity (HWISE)-Research Coordination Network Steering Committee
- 2017 - 2018 Member, Research and Documentation team of the AUB-Lancet Commission on Syria.
- 11/2017 Moderator, Lebanese Epidemiological Association 22<sup>nd</sup> Annual Conference “Eating Healthy and Staying Healthy”, Beirut.
- 06/2017 Co-organiser of an international conference: “No one left behind; A feasible goal for the health-related Sustainable Development Goals in the Arab region?”, Beirut, June 2017.
- 12/2016 Member of the Scientific Committee a regional conference on Adolescent and youth wellbeing in the Arab region: Challenges and promises of the second decade of life, American University of Beirut. Co-organiser of the post-conference workshop on Engaging Youth through Digital Solutions.
- 04/2015 Co-organised a regional workshop on the Use of Digital Solutions in Public Health, Faculty of Health Sciences, American University of Beirut, & co-founded the Arab Digital Public Health Initiative.
- 03/2015 Co-organised a regional workshop Social Determinants of Unhealthy Weight at the International Conference on Health Issues in Arab Communities, Oman.
- 2004-2014 Managing Editor of Emerging Themes in Epidemiology, a BioMed Central, online, open access journal. <http://www.ete-online.com/>
- 10/2014 Co-organised a regional workshop on The health and wellbeing of Arab youth: A regional research workshop examining health risks and resilience of young people in the Arab world, Faculty of Health Sciences, American University of Beirut.
- 2010-2013 Organiser of a yearly two-week Regional Training course on Nutrition in Emergencies, American University of Beirut.  
<http://www.nietraining.net/p/project-background.html>

- 11/2012      Advised on the text of a Joint Statement on Optimal Infant and Young Child Feeding in Emergencies in Lebanon, and obtained AUB endorsement for the statement
- 07/2011      Member of the organizing committee for the Regional conference on "Food Security in the Middle East and North Africa: The Role of Academic and Research Institutions".
- 03/2010      Co-organised a consultation workshop on Rural Poverty in the Middle East for IFAD's Rural Poverty Report, Beirut.
- 04/2007      Co-organised a workshop entitled "Defining the research priorities for the prevention of anaemia in malaria-endemic countries" for young investigators at the Micronutrient Forum, Istanbul.
- 2006          Co-edited for the Journal of Nutrition the proceedings of the International Nutrition Council symposium on 'Micronutrient Regulation of Host-Pathogen Interactions' held at the annual meeting of Experimental Biology.

## **CONSULTANCIES**

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- January – July 2020      **UNICEF, MENA Regional Office, Jordan**  
Trends in complementary feeding indicators and their determinants – a sub-regional analysis  
*Technical expert*
- February – March 2019      **Food and Agriculture Organisation (FAO) Regional Office, Cairo**  
Report on Re-shaping food systems to deliver improved diets and nutrition in the Near East and North Africa  
*Developed a conceptual framework and led the desk review and report writing*
- March – December 2016      **UNICEF, Jordan**  
Evaluation of the Infant and Young Child Feeding (IYCF) Program in Camp and Host Communities in Jordan  
*Nutrition expert and advisor on evaluation methodology*
- March – April 2016      **UN Economic and Social Commission for Western Asia (UN ESCWA) and World Food Programme (WFP), Lebanon**  
Advisor for the Strategic Review of Food and Nutrition Security in Lebanon
- February 2016– May 2018      **Theirworld, UK**  
Nutritional status assessment of schoolchildren for a pilot school feeding intervention in two Lebanese public schools.  
*Designed a study to assess baseline characteristics of children attending two public schools, trained a field team in the implementation of the study and supervised data analysis and interpretation.*
- December 2015 – January 2016      **Office of the United Nations High Commissioner for Refugees, Lebanon**  
Refugee household profiling.  
*Led data analysis on data from the Vulnerability Assessment of Syrian Refugees (VASyr) survey, and wrote two fact sheets (Food Security, and Health) summarising cross sector associations.*
- September – December 2015      **World Food Programme (WFP), Lebanon**  
Analysis and Refinement of Targeting Mechanisms for Food Assistance to Syrian Refugees in Lebanon.  
*Part of a team that reviewed the targeting mechanisms for electronic food vouchers distribution to Syrian refugees, and refined the targeting formula using empirical analyses of registration and survey data.*

June 2015 & June 2016	<b>Nutrition in Emergencies Regional Training Initiative</b> Trainer and organizer of the Emergency Simulation as part of the Nutrition in Emergencies short course.
August 2013 – August 2015	<b>International Orthodox Christian Charities (IOCC), Lebanon</b> Training on the Management of Acute Malnutrition for Lebanese healthcare workers (CMAM and Inpatient management of complicated SAM). <i>Part of a team that worked on designing and delivering a series of workshops in Arabic on the management of malnutrition in the context of the Syrian refugee crisis in Lebanon.</i>
February – April 2014	<b>Food and Agricultural Organisation (FAO), Rome</b> Finalization of the Food Insecurity Experience Scale version in Arabic, Voices of the Hungry project. <i>Used qualitative data from my research to inform the Arabic language adaptation of the FIES, and recommended wording for the final Arabic FIES questions.</i>
December 2012	<b>International Medical Corps (IMC), Lebanon</b> Nutrition in Emergencies training for health and nutrition care providers for Syrian refugees in Jordan.
May – June 2012	<b>International Orthodox Christian Charities (IOCC), Lebanon</b> Contributed to two Nutrition in Emergencies training courses for primary health care workers in response to the Syrian IDP and refugee situation.
2000 – 2001	<b>Action Against Hunger, UK</b> Translation of training materials for Nutrition in Emergencies from French to English.

## **PROFESSIONAL AFFILIATIONS**

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Member of the American Society for Nutrition (ASN), Agriculture Nutrition and Health (ANH) Academy, American Public Health Association (APHA)

## **SOFTWARE**

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Proficient in Stata, NVivo, Nutritionist IV, SurveyCTO/Kobotoolbox.

## **LANGUAGES**

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Fluent in English, French and colloquial Levantine Arabic.