

CURRICULUM VITAE

DATE: January 16, 2026

LAUREN ALINA FOWLER

CONTACT INFORMATION:

Office:

Address – 915 Greene Street. Discovery 1 Building, Office 514. Columbia, SC 29208

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EDUCATION:

2018 – 2021 **Post-Doctoral Fellowship**

Institution:

Washington University School of Medicine

St. Louis, MO, USA

Postdoctoral Research Scholar, NHLBI T32 Transdisciplinary training program in obesity and cardiovascular disease

2018 **Doctor of Philosophy** in Applied Social Psychology

Granting Institution:

George Washington University

Washington, DC, USA

Dissertation Title: *Dissertation: From Theory to Application: The Measurement of Dietary Decisions, Intentions and Behavior*

Available at: <https://scholarspace.library.gwu.edu/etd/0c483j666>

Committee: Drs. Philip Moore, Tonya Dodge, and George Howe

2018 **Master of Philosophy** in Applied Social Psychology

Granting Institution:

George Washington University

Washington, DC, USA

2013 **Bachelor of Science**
Psychology (Honors) and Mathematics with a Concentration in Statistics

Granting Institution:

Eastern Michigan University, Honors College

Ypsilanti, MI, USA

ACADEMIC POSITIONS / EMPLOYMENT:

- August 2024 – Present **Assistant Professor, Tenure Track**
Department of Health Promotion, Education, and Behavior
Arnold School of Public Health
University of South Carolina, Columbia, SC
- Oct 2023 – August 2024 **Research Assistant Professor**
Sexuality, Health and Gender Center
Department of Psychiatry (Courtesy)
Washington University in St. Louis, St. Louis, MO
- July 2021 – Sept 2023 **Instructor of Psychiatry**
Department of Psychiatry
Washington University School of Medicine, St. Louis, MO
- 2020 – 2021 **Adjunct Faculty**
Biological and Behavioral Sciences Department
Fontbonne University, St. Louis, MO
- 2018 – 2021 **Postdoctoral Research Scholar**
National Heart, Lung, and Blood Institute, NIH (T32 HL130357)
Washington University School of Medicine, St. Louis, MO
Advisor: Denise E. Wilfley, PhD
Transdisciplinary Training Program in Obesity and Cardiovascular Disease
- 2017 – 2018 **Departmental Statistics Consultant and Fellow**
Psychology Department, George Washington University, Washington, DC
- 2013 – 2018 **Graduate Research Associate**
Psychology Department, George Washington University, Washington, DC
Advisor: Philip J. Moore, PhD
- 2013 – 2017 **Graduate Teaching Assistant, *Research Methods in Psychology***
George Washington University, Washington, DC
- 2017 **Instructor of Record, *Health Psychology***
Institute for Health Promotion and Disease Prevention in Underserved Populations,
George Washington University, Washington, DC
- 2016 **Summer Research Fellow**
National Heart, Lung, and Blood Institute, National Institutes of Health, Bethesda,
MD
Advisor: Tiffany M. Powell-Wiley, MD
- 2015 **Doctoral Student Intern**
Practice Research and Policy Directorate, American Psychological Association,
Washington, DC
Advisor: Lynn F. Bufka, PhD

HONORS AND AWARDS:

- 2022 – 2023 Compass Leadership Training Program Scholar
- 2022 Abstract Citation Award, Society of Behavioral Medicine
- 2022-2023 Diversity Institute Scholar, Diversity Institute for Emerging Leaders, Society of Behavioral Medicine
- 2022 Mentor, Undergraduate Research Conference Presentation Award, Washington University in St. Louis (Mentee: Leslie Ligier)
- 2021 Professional Development in Teaching Program Community Member, Washington University in St. Louis
- 2018 – 2021 Postdoctoral Research Fellowship, NHLBI T32 Training Grant (T32 HL130357)
- 2020 Abstract Citation Award, Society of Behavioral Medicine
- 2020 Outstanding Trainee Flash Talk (\$200), Society of Behavioral Medicine Obesity and Eating Disorders Special Interest Group
- 2018 Summer Dissertation Fellowship, George Washington University
- 2016 Meeting Fee Waived for Select Early Career Researchers, Society of Behavioral Medicine
- 2013 – 2018 Fellowship Award, George Washington University
- 2013 Undergraduate Research Stimulus Award, Eastern Michigan University
- 2012 – 2013 Recognition of Excellence Scholarship, Eastern Michigan University

RESEARCH SUPPORT:

ACTIVE:

- 8/6/22-3/30/28 **Role: Principal Investigator**
National Institute of Minority Health and Health Disparities, NIH (K01 MD017630)
A Mixed Methods Approach to Understanding Weight Stigma among Sexual Minority Women
\$447,491
- 9/30/23-9/29/28 **Role: Co-Investigator**
Centers for Disease Control and Prevention (REACH)
Co-PIs: Andwele Jolly, DPT; Denise Wilfley, PhD; Diana Parra Perez, PhD
Advancing Health Equity Through Community-Clinical Integration of Nutrition, Physical Activity, and Health Care in Historically Excluded Communities in the St. Louis Region
\$1,487,102
- 7/1/23-6/30/28 **Role: Co-Investigator**

National Institute of Diabetes and Digestive and Kidney Diseases, NIH (R01 DK134961)

Co-PIs: Denise E. Wilfley, PhD; Sarah E. Hampl, MD

Increasing Access to USPSTF-Recommended Obesity Care for Youth and Adults Who Are Recipients of Medicaid: Evaluation of a Comprehensive Multidisciplinary Obesity Care Training Program in FQHCs

\$3,926,334

7/1/24 – 6/30/26 **Role: Co-Investigator/Site PI**

Klingenstein Third Generation Foundation

PI: Ellen Fitzsimmons-Craft, PhD

Improving Access to Services, Preventing Eating Disorders, and Addressing Comorbid Depression and Anxiety in Diverse Adolescents

\$200,000

4/1/25 – 3/30/30 **Role: Co-Investigator**

National Institute of Mental Health, NIH (R01 MH138735)

PI: Ellen E. Fitzsimmons-Craft, PhD

Optimizing an Automated Chatbot to Treat Eating Disorders

\$1,500,000

UNDER REVIEW AND/OR PENDING:

7/1/26 –
6/30/28

Role: Co-Investigator/Site PI

National Institute of Child Health and Human Development, NIH (R21)

PI: Kayla Nuss, PhD

Status: Under Review

Feasibility of a Self-Determination Theory Based Social Media Intervention to Increase Physical Activity in Adolescent Girls by Promoting Body Neutrality

\$275,000

PAST:

2019 – 2022

Role: Co-Investigator

Center for Diabetes and Translational Research, Washington University in St. Louis

PI: Ellen Fitzsimmons-Craft, PhD

Developing and Piloting a Virtual Reality Experience to Address Childhood Obesity

\$50,000

NOT FUNDED:

2024-2025

Role: Principal Investigator

Pilot and Feasibility Study, Center for Diabetes and Translational Research, Washington University in St. Louis

Status: Not funded

A Qualitative Approach to Understanding Intersectional Stigma as a Contributor to Health Disparities among Gender Expansive Adults

- 2023 – 2026 **Role: Co-Investigator**
National Institute of Child and Human Development, NIH (SBIR Direct to Phase II)
Co-PIs: Denise E. Wilfley, PhD; Melissa DeRosier, PhD
Status: Not funded
Leveraging Interactive Digital Technology to Increase Access to Family-Based Behavioral Treatment for Childhood Obesity
- 2023 – 2028 **Role: Co-Investigator**
National Institute of Mental Health, NIH (R01)
Co-PIs: Ellen E. Fitzsimmons-Craft, PhD; Nicholas Jacobson, PhD; C. Barr Taylor, MD
Status: Not funded
Preventing Eating Disorders in the Time of COVID-19

BIBLIOGRAPHY:

Original peer reviewed article in refereed journals

*denotes student/trainee co-author and direct mentee at time of publication

1. Gullo, N. A., Goldberg, J., Howe, C. P., Smith, A. C. Firebaugh, M. L., Horton, M., Kouveliotis, M., Larson, G., Wilfley, D. E., **Fowler, L. A.**, & Fitzsimmons-Craft, E. E. (2025). User-Centered Development of a Chatbot for Diverse Adolescents at High Risk for Eating Disorders. *International Journal of Eating Disorders*. 1–12. <https://doi.org/10.1002/eat.70008>.
2. **Fowler, L. A.**, Wang, Y.*, Wall, C. S. J., Velkovich, A.*, Harrop, E. N., Vázquez, M. M., Mensah, J., Flentje, A., & Mann, E. S. (2025). “If I can accept my queerness, I can accept my body as it is”: Understanding weight-related perspectives and stigma from sexual minority women. *Frontiers in Psychiatry*. 16:1687680. doi: 10.3389/fpsy.2025.1687680
3. **Fowler, L. A.**, Vázquez, M. M.*, DePietro, B., Wilfley, D. E., Fitzsimmons-Craft, E. E. (2024). Development, usability, and preliminary efficacy of a virtual reality experience to promote healthy lifestyle behaviors in children: Pilot randomized controlled trial. *mHealth*, 10:29. doi: 10.21037/mhealth-24-24
4. Kepper, M. M., **Fowler, L. A.**, Kusters, I, Davis, J., Baqer, M., Saqui, S., Kang, S., Xiao, Y., Tarfa, A., Yi, J. C., Gibson, B., Heron, K., Alberts, N., Burgermaster, M., Nije-Carr, V., & Klesges, L. (2024). Expanding a Behavioral View on Digital Health Access: Drivers and Strategies to Promote Equity *Journal of Medical Internet Research*, 26, e51355. doi: [10.2196/51355](https://doi.org/10.2196/51355) PMID: [39088246](https://pubmed.ncbi.nlm.nih.gov/39088246/).
5. Monocello, L., Lavender, J., **Fowler, L. A.**, Fitzsimmons-Craft, E. E., & Wilfley, D. E. (2024). A Cultural Models Approach to Understanding Body Fatness Perceptions and Disordered Eating in Young South Korean Men. *International Journal of Eating Disorders*. <http://doi.org/10.1002/eat.24200>
6. Vázquez, M. M.*, **Fowler, L. A.**, Zhu, Y., Grammer, A. C.*, Fitzsimmons-Craft, E. E., Lipson, S. K., Shah, J., Eisenberg, D., Newman, M. G., Wilfley, D. E., Taylor, C. B. (2024). Disparities in Mental Health Symptoms Among Sexual and Gender Minority Subpopulations in a National Sample of College Students. *Psychology of Sexual Orientation and Gender Diversity*. <https://dx.doi.org/10.1037/sgd0000714>

7. ^**Fowler, L. A.**, Quiñones, M. M., Sidani, J. E., Bernhart, J. A., Mendoza-Vasconez, A. S., Bannon, S., & Unni, E. J. (2024). The Urgency of Restructuring the Landscape of Behavioral Medicine: Commentary from Early-Career Diversity Institute Scholars. *Journal of Translational Behavioral Medicine*, 14(3), 149-155. DOI: [10.1093/tbm/ibad068](https://doi.org/10.1093/tbm/ibad068)
^Editor's Choice
8. Jakubiak, J., Guan, M., Khan, S., **Fowler, L. A.**, Bates, C. R., King, A. A., Hayashi, R. J., Fitzsimmons-Craft, E. E., Wilfley, D. E. (2024). Adaptation of Family-Based Healthy Weight Program for Children who Survived Leukemia. *Clinical Practice in Pediatric Psychology*, 12(1), 93-103. DOI: 10.1037/cpp0000495
9. Rackoff, G. N., Monocello, L. T., **Fowler, L. A.**, Vázquez, M. M.*, Shah, J., Fitzsimmons-Craft, E. E., Taylor, C. B., Eisenberg, D., Wilfley, D. E., & Newman, M. G. (2023). Using Social Influence Strategies to Improve Rates of Online Mental Health Survey Participation: Results from Two Experiments. *Journal of Behavioral and Cognitive Therapy*, 33(2), 81-89.
<https://doi.org/10.1016/j.jbct.2023.05.001>
10. Nemesure, M. D., Park, C., Morris, R., Chan, W., Fitzsimmons-Craft, E. E., Rackoff, C. G., **Fowler, L. A.**, Taylor, C. B., Jacobson, N. C. (2023). Evaluating the Effectiveness of a Single Session Digital Intervention for Body Image Concerns. *Body Image*, 44, 64-68. doi: 10.1016/j.bodyim.2022.11.007.
11. Sadeh-Sharvit, S., Idan, O., **Fowler, L. A.**, Fitzsimmons-Craft, E. E., Smith, A. C.*, Goel, N. J., Flatt, R. E., Balantekin, K., Monterubio, G. E., Firebaugh, M-L., Karam, A. M., Graham, A. K., Funk, B., Taylor, C. B., & Wilfley, D. E. (2023). Digital guided self-help for eating disorders: Thematic analysis of participant text messages to coaches. *Eating Disorders*, 31(2), 191-199. doi: 10.1080/10640266.2022.2110698.
12. Grammer, A. C., Best, J. R., **Fowler, L. A.**, Stein, R. I., Conlon, R. P. K., Balantekin, K. N., Welch, R. R., Perri, M. G., Epstein, L. H., & Wilfley, D. E. (2023). Change in parent and child psychopathology following obesity treatment and maintenance: A secondary data analysis. *Pediatric Obesity*, 18(1), e12971. doi: 10.1111/ijpo.12971.
13. Shah, J., DePietro, B., D'Adamo, L., Firebaugh, M. L., Laing, O., **Fowler, L. A.**, Smolar, L., Sadeh-Sharvit, S., Taylor, C. B., Wilfley, D. E., Fitzsimmons-Craft, E. E. (2023). Development and Usability Testing of a Chatbot to Promote Mental Health Services Use Among Individuals with Eating Disorders Following Screening. *International Journal of Eating Disorders*. 10.1002/eat.23798
14. Topooco, N., **Fowler, L. A.**, DePietro, B., Vázquez, M. M.*, Firebaugh, M. L., Ceglarek, P., Newman, M. G., Eisenberg, D., Wilfley, D. E., Taylor, C. B., Fitzsimmons-Craft, E. E. (2022). Implications For The Scaling of e-Mental Health Services To Reduce Mental Health Disorders In College Students: Use, Preferences, And Expressed Needs. *Internet Interventions*, 28.
<https://doi.org/10.1016/j.invent.2022.10052>
15. Flatt, R. E., Karam, A. M., Fitzsimmons-Craft, E. E., Balantekin, K. N., Graham, A. K., Eichen, D. M., Monterubio, G. E., Goel, N. J., **Fowler, L. A.**, Sadeh-Sharvit, S., Wilfley, D., Mazina, V., Taylor, C. B., Trockel, M. (2022). Psychometric properties of the Perceived Benefits of Thinness Scale in college-aged women. *Body Image*, 40, 103-109. <https://doi.org/10.1016/j.bodyim.2021.11.005>
16. Chan, W. W., Fitzsimmons-Craft, E. E., Smith, A. C., Firebaugh, M. L., **Fowler, L. A.**, DePietro, B., Taylor, B. C., Jacobson, N. C. (2022). Challenges in designing a mental health prevention chatbot: Lessons learned from the field. *JMIR Formative Research*, 6(1):e28003. doi: 10.2196/28003. PMID: 35044314

17. Hayes, J. F., **Fowler, L. A.**, Balantekin, K. N., Saelens, B. E., Stein, R. I., Perri, M. G., Welch, R. R., Epstein, L. H., & Wilfley, D. E. (2021). Children with Severe Obesity in Family-Based Obesity Treatment Compared to Other Participants: Conclusions Depend on Metrics. *Obesity*, 29: 393-401. <https://doi.org/10.1002/oby.23071>.
18. Kepper, M., Walsh-Bailey, C., Staiano, A., **Fowler, L. A.**, Gacad, A., Blackwood, A., Fowler, S. A., Kelley, M. (2021). Health Information Technology use among healthcare providers treating children and adolescents with obesity: A systematic review. *Current Epidemiology Reports*, DOI 10.1007/s40471-021-00262-9.
19. Kennedy, B. M., Davison, G. M.*, **Fowler, L. A.**, Rodriguez-Guzman, E., Collins, M. L., Baker, A., Cook, S., Lindros, J., Wilfley, D. E., Zebrick, A. J., & Staiano, A.E. (2021). Perceptions of a pragmatic family-centered approach to childhood obesity and treatment. *The Ochsner Journal*, 21(1), 30-40. DOI: <https://doi.org/10.31486/toj.19.0126>.
20. **Fowler, L. A.**, Grammer, A. C.*, Staiano, A. E., Fitzsimmons-Craft, E. E., Chen, L., Yaeger, L. H., & Wilfley, D. E. (2021). Harnessing technological innovations for pediatric obesity prevention and treatment: A systematic review and meta-analysis of current applications. *International Journal of Obesity*, <https://doi.org/10.1038/s41366-021-00765-x>.
21. Davison, G. M.*, **Fowler, L. A.**, Ramel, M., Stein, R. I., Conlon, R. P. K., Saelens, B. E., Welch, R. R., Perri, M. G., Epstein, L. H., & Wilfley, D. E. (2021). Racial and socioeconomic disparities in the efficacy of a family-based treatment program for pediatric obesity. *Pediatric Obesity*, 10.1111/ijpo.12792.
22. Hayes, J. F., **Fowler, L. A.**, Balantekin, K. N., Rotman, S. A., Altman, M., & Wilfley, D. E. (2021). Child and family predictors of relative weight change in a low-income, school-based weight management intervention. *Families, Systems, and Health*. Advance online publication. <https://doi.org/10.1037/fsh0000586>
23. **Fowler, L. A.**, Moore, P. J., Macura, Z., Singh, M. A., Cooke, F. P. R. & Charmak, W. D. (2021). How are expectancies and values combined to determine behavioral intentions? The role of expectancy-value theory, information integration and behavioral outcomes in dietary intentions. *Applied Cognitive Psychology*, 1-12. <https://doi.org/10.1002/acp.3833>.
24. Grammer, A. C.*, Vázquez, M.*, Fitzsimmons-Craft, E. E., **Fowler, L. A.**, Rackoff, G. N., Schvey, N. A., Lipson, S. K., Newman, M. G., Eisenberg, D., Taylor, C. B., Wilfley, D. E. (2021). Characterizing eating disorder diagnosis and related outcomes by sexual orientation and gender identity in a national sample of college students. *Eating Behaviors*, 42, 101528. <https://doi.org/10.1016/j.eatbeh.2021.101528>
25. Smith, A. C.*, **Fowler, L. A.**, Graham, A. K., Jaworski, B. K., Firebaugh, M. L., Monterubio, G. E., Vázquez, M. M., DePietro, B., Sadeh-Sharvit, S., Balantekin, K. N., Topooco, N., Wilfley, D. E., Taylor, C. B., Fitzsimmons-Craft, E. E. (2021). Digital Overload Among College Students: Implications for Mental Health App Use. *Social Sciences*, 10(8), 279. <https://doi.org/10.3390/socsci10080279>.
26. **Fowler, L. A.**, Kracht, C. L., Denstel, K. D., Stewart, T. M., & Staiano, A. E. (2021). Bullying experiences, body esteem, and the moderating role of weight status among adolescents. *Journal of Adolescence*, 91, 59-70. <https://doi.org/10.1016/j.adolescence.2021.07.006>
27. **Fowler, L. A.**, Litt, M., Rotman, S. A.*, Conlon, R. K., Jakubiak, J., Stein, R. I., Balantekin, K. N., Welch, R. R., Perri, M. G., Epstein, L. H., & Wilfley, D. E. (2021). Relation of Social Network Support to Child Health Behaviors Among Children in Treatment for Overweight/Obesity. *Eating and Weight Disorders*. <https://doi.org/10.1007/s40519-021-01303-4>

28. Wilfley, D. E., **Fowler, L. A.**, Hampl, S., Dryer-Gilette, M. L., Staiano, A. E., Graham, A. K., Carlson, J. A., Gabbert, S., Springstroh, K., Thomas, F., Nelson, L., Welch, R. R., & The MO-CORD Study Group. (2021). Implementation of a scalable family-based behavioral treatment for childhood obesity delivered through primary care clinics: Description of the MO-CORD study protocol. *Childhood Obesity*, 17(S1), S-39-S-47. <https://doi.org/10.1089/chi.2021.0175>.
29. **Fowler, L. A.**, Hampl, S., Dryer-Gilette, M. L., Staiano, A. E., Graham, A. K., Kracht, C. L., Gabbert, S., Springstroh, K., Thomas, F., Nelson, L., Hampp, A. E., Carlson, J. A., Welch, R. R., Epstein, L., Wilfley, D. E. & The MO-CORD Study Group (2021). Translating family-based behavioral treatment for childhood obesity into a user-friendly digital package for delivery to low-income families through primary care partnerships: The MO-CORD Study. *Childhood Obesity*, 17(S1), S-30-S-38. <https://doi.org/10.1089/chi.2021.0174>.
30. Fitzsimmons-Craft, E. E., Chan, W. W., Smith, A. C.*, Firebaugh, M. L., **Fowler, L. A.**, Topooco, N., DePietro, B., Wilfley, D. E., Taylor, C. B., Jacobson, N. C. (2021). Effectiveness of a Chatbot for Eating Disorders Prevention: A Randomized Clinical Trial. *International Journal of Eating Disorders*, 1– 11. <https://doi.org/10.1002/eat.23662>
31. Grammer, A. C.*, Best, J. R., **Fowler, L. A.**, Balantekin, K. N., Stein, R. I., Conlon, R. P. K., Saelens, B. E., Welch, R. R., Perri, M. G., Epstein, L. H., & Wilfley, D. E. (2020). General and Eating Disorder Psychopathology in Relation to Short- and Long-Term Weight Change in Treatment-Seeking Children: A Latent Profile Analysis. *Annals of Behavioral Medicine*. <https://doi.org/10.1093/abm/kaaa076>
32. **Fowler, L. A.**, Grammer, A. C.*, Ray, M. K., Balantekin, K. N., Stein, R. I., Conlon, R. K., Welch, R. R., Perri, M. G., Epstein, L. H., & Wilfley, D. E. (2020). Examining the interdependence of child-parent dyads: Effects on weight loss and maintenance. *International Journal of Pediatric Obesity*; e12697. Doi: 10.1111/ijpo.12697.
33. Rotman, S. A.*, **Fowler, L. A.**, Ray, M. K., Stein, R. I., Hayes, J. F., Conlon, R. K., Balantekin, K. N., Engel, A., Saelens, B. E., Welch, R. R., Perri, M. G., Epstein, L. H., Wilfley, D. E. (2019). Family encouragement of healthy eating predicts child dietary intake and weight in family-based behavioral weight loss treatment. *Childhood Obesity*, 16(3), 218-225.
34. **Fowler, L. A.**, Yingling, L. R., Brooks, A. T., Wallen, G. R., Peters-Lawrence, M., McClurkin, M., Wiley, K. L. Jr., Mitchell, V. M., Johnson, T. D., Curry, K. E., Johnson, A. A., Graham, A. P., Graham, L. A., & Powell-Wiley, T. M. (2018). Digital food records in community-based interventions: Mixed methods pilot study. *JMIR mHealth & uHealth*, 6(7), e160.
35. Eisenberg, M. H., Phillips, A. L., **Fowler, L. A.**, & Moore, P. J. (2017). The impact of e-diaries and accelerometers on young adults' perceived and objectively measured physical activity. *Psychology of Sport & Exercise*, 30, 55-63.
36. **Fowler, L. A.**, Holt, S., & Joshi, D. (2016). Mobile technology-based interventions for adult users of alcohol: A systematic review of the literature. *Addictive Behaviors*, 62, 25-34.
37. **Fowler, L. A.**, Ivezaj, V., & Saules, K. K. (2014). Problematic intake of high-sugar/low-fat and high glycemic index foods by bariatric patients is associated with development of post-surgical new onset substance use disorders. *Eating Behaviors*, 15(3), 505-508.

Book chapters

1. **Fowler, L. A.** (2022). Developing and Maintaining Healthy Work-Life Balance for Early Career Researchers. In D. Kwasnicka & A. Yuanhong Lai (Eds.), *A Practical Guide on How to Survive and Thrive as an Early Career Researcher*.
2. Olsen, N., Moore, P. J., Hyde, S., & **Fowler, L. A.** (2020). Understanding treatment seeking and avoidance: Causes, effects, and their crucial role in healthcare. In K. Sweeney & M. Robbins (Eds.), *The Wiley Encyclopedia of Health Psychology*, 297-304. New Jersey: Wiley.

Non-refereed publications

1. **Fowler, L. A.** (2025). Book Review: Weight and Wisdom: Reflections on Decades of Working for Body Liberation by Nancy Ellis-Ordway and Tigress Osborn, Nashville, TN, Pearlsong Press, 2024. *Fat Studies*, 14(1), 138–140. <https://doi.org/10.1080/21604851.2025.2468544>
2. Frediani, J. F. & **Fowler, L. A.** (2024). What does it mean to be weight-neutral, and how can you apply it to your health? Society of Behavioral Medicine Healthy Living. <https://www.sbm.org/healthy-living/what-does-it-mean-to-be-weight-neutral>
3. **Fowler L. A.**^{^^}, Vázquez, M. M.^{^^}, Kleinberg, A. A., Ferry, H. W., Monocello, L. T., Shah, J., Grammer, A. C., Fitzsimmons-Craft, E. E., Newman, M. G., Eisenberg, D., Taylor, C. B., Wilfley, D. E. (preprint). A Qualitative Study of Sexual Orientation Identity Among Gender Diverse College Students. <https://psyarxiv.com/zpj3r>
^{^^}Both authors contributed equally.

Select Abstracts

Invited talks, oral presentations, and panel presentations

1. Fredani, J., Hughes, C., Rupp, K. L., Vela, A., **Fowler, L. A.**, Albright, D. & Schumacher, L. (April, 2026). *Beyond the Scale: The Value of Integrating Weight-Inclusive and Weight-Centric Perspectives to Advance Behavioral Medicine*. Panel Discussion at the annual meeting of the Society of Behavioral Medicine in Chicago, IL, U.S.
2. Wall, C. S. & **Fowler, L. A.** (February, 2026). *Trans Joy in Uncertain Times*. Presentation at the annual meeting of the Society of Personality and Social Psychology Happiness and Well-being Preconference in Chicago, IL, US.
3. Wall, C. S. & **Fowler, L. A.** (February, 2026). *Applying a broad-scale participatory research approach to understanding real world health concerns among transgender adults in the U.S.* Presentation at the annual meeting of the Society of Personality and Social Psychology LGBT Health Preconference in Chicago, IL, US.
4. **Fowler, L.A.** & Wall, C. S. (October, 2025). *Uncertain Times: Applying a broad-scale participatory research approach to understanding real world concerns in health*. Invited talk; Health Promotion, Education, and Behavior Colloquium Series, University of South Carolina.
5. **Fowler, L. A.** (June, 2025). *Body Equity in 2025*. Oral Presentation at the Weight-Inclusive Research and Education Collective 2025 Annual Meeting (virtual).
6. **Fowler, L. A.** (October, 2024). *Stigma as a fundamental cause of health inequities: Research Flash Talk*. Health Disparities and Health Equity Research Consortium Event. University of South Carolina.
7. **Fowler, L. A.** (June, 2024). *Understanding Intersectional Weight Stigma among Sexual Minority Women and Nonbinary Adults*. Oral Presentation at the Weight-Inclusive Research and Education Collective 2024 Annual Meeting in Flagstaff, AZ.

8. **Fowler, L. A.** (November, 2023). *The weight of our work: Advancing health equity by understanding the role of intersectional weight stigma*. Invited talk; Sexuality, Health, and Gender Center Talk Series, Washington University in St. Louis.
9. Neshteruk, C. D., Kracht, C. Tripicchio, G. L., Luecking, C. T., **Fowler, L. A.**, Manasse, S., Scherr, K., Armstrong, S. C., & Skinner, A. C. (November, 2023). *A Review of the Evidence: Time to Start Considering Real World Implications for Using Pharmacotherapy to Treat Adolescent Obesity in Priority Populations*. Oral presentation at the 2023 NIDDK Pharmacotherapy for Obesity in Children and Adolescents workshop.
10. **Fowler, L. A.**, Moore, P. J., Macura, Z., Singh, M. A., Cooke, F. P. R. & Charmak, W. D. (June, 2023). *How are expectancies and values combined to determine behavioral intentions? Using information integration theory and functional measurement to understand dietary intentions*. Oral presentation at 8th Information Integration Theory & Functional Measurement conference in Washington, D.C.
11. Fitzsimmons-Craft, E. E., Chan, W. W., Smith, A. C., Firebaugh, M., **Fowler, L. A.**, Topooco, N., DePietro, B., Wilfley, D. E., Taylor, C. B., & Jacobson, N. C. (June, 2022). *Effectiveness of a chatbot for eating disorders prevention: A randomized clinical trial*. Oral paper presentation at the 2022 International Conference on Eating Disorders. Virtual.
^Selected as a Top Ten Paper submission for the 2022 International Conference on Eating Disorders
12. **Fowler, L. A.**, Vázquez, M. M.*, DePietro, B., Wilfley, D. E., & Fitzsimmons-Craft, E. E. (April, 2022). *Development and usability of a virtual reality experience to address childhood obesity*. Oral paper presentation at the 2022 annual meeting of The Society of Behavioral Medicine in Baltimore, MD.
^Selected for a Citation Award for the 2022 Society of Behavioral Medicine conference
13. Grammer, A. C., Best, J. R., **Fowler, L. A.**, Stein, R. I., Conlon, R. P. K., Balantekin, K. N., Saelens, B. E., Welch, R. R., Perri, M. G., Epstein, L. H., & Wilfley, D. E. (November, 2021). *Changes in Parent-Child Psychopathology throughout Family-Based Obesity Treatment and Maintenance*. Oral paper presentation at the 2021 annual meeting of The Obesity Society.
14. Davison, G. M.*, Grammer, A. C.*, **Fowler, L. A.**, Stein, R. I., Conlon, R. P. K., Saelens, B. E., Welch, R. R., Perri, M. G., Epstein, L. H., & Wilfley, D. E. (May, 2021). *Neighborhood Concentrated Disadvantage is Not Associated with Short- or Long-Term Family-Based Behavioral Obesity Treatment Response in Children*. Oral presentation at NHLBI Cardiovascular Epidemiology, Biostatistics and Prevention Trainee Session.
15. **Fowler, L.A. (Chair)**, Mateo, K.F (Co-chair); Jake-Schoffman, D., Monroe, C., Johnson Shen, M., Bauermeister, J.A. (Panelist); El-Toukhy, S. (Panelist); Newton, R. (Panelist); St. George, S.M. (Panelist). (April, 2021). *BIT SIG, HE SIG & DHC Present: Perspectives on Building Racial, Gender, & Health Equity & Social Justice in Digital Health Research*. Panel presentation at 2021 annual meeting of the Society of Behavioral Medicine, virtual meeting.
16. Taylor, B. C., Fitzsimmons-Craft, E. E., Chan, W. W., Jacobson, N. C., Firebaugh, M. L., **Fowler, L. A.**, DePietro, B., Topooco, N., Smith, A.. (April, 2021). *Designing, Implementing and Refining a Chatbot to Prevent Eating Disorders: Lessons Learned*. Oral presentation at 2021 annual meeting of The Society of Behavioral Medicine.
17. **Fowler, L. A.**, Grammer, A. C., Staiano, A. E., Fitzsimmons-Craft, E. E., Chen, L., Yaeger, L. H., & Wilfley, D. E. (November, 2020). *A Meta-Analysis of Technology-based Approaches for Pediatric Obesity Prevention and Treatment*. Oral presentation at 2020 annual meeting of The Obesity Society.
18. Hayes, J. F., **Fowler, L. A.**, Balantekin, K. N., Saelens, B. E., Stein, R. I., Perri, M. G., Welch, R. R., Schechtman, K. B., Epstein, L. H., & Wilfley, D. E. (November, 2020). *Children with Severe Obesity in Family-Based Obesity Treatment Compared to Other Participants: Conclusions Depend on Metrics*. Oral presentation at 2020 annual meeting of The Obesity Society.

19. Vázquez, M. M.*, Fitzsimmons-Craft, E. E., **Fowler L. A.**, Shah, J. R., Graham, A. K., Sadeh-Sharvit, S., Balantekin, K. N., Monterubio, G. E., Firebaugh, M., Trockel, M. T., Taylor, C. B., Wilfley, D. E. (October, 2020). *Racial Composition of U.S. Colleges Relates to Eating Disorder Risk and Prevalence in Female Students*. Oral presentation at XXVIth Annual Meeting of the Eating Disorders Research Society.
20. **Fowler, L. A.**, Hayes, J. F., Grammer, A. C., Balantekin, K. N., Stein, R. I., Conlon, R. K., Saelens, B. E., Welch, R. R., Perri, M. G., Epstein, L. H., & Wilfley, D. E. (April, 2020). *Impact of neighborhood food environment on dietary and weight change among children in weight control treatment*. Oral presentation accepted for 2020 annual meeting of The Society of Behavioral Medicine in San Francisco, CA (not held due to Covid-19).
^Selected for a Citation Award for the 2020 Society of Behavioral Medicine conference
21. Grammer, A. C.*, Best, J., **Fowler, L. A.**, Balantekin, K. N., Stein, R. I., Conlon, R. K., Saelens, B. E., Welch, R. R., Perri, M. G., Epstein, L. H., & Wilfley, D. E. (April, 2020). *Patterns of eating disorder pathology and psychopathology in relation to weight among children in family-based treatment*. Oral presentation accepted for 2020 annual meeting of The Society of Behavioral Medicine in San Francisco, CA (not held due to Covid-19).
22. **Fowler, L. A.** (March, 2020). *Harnessing technological innovations for pediatric obesity prevention and treatment: A systematic review of current applications and preview of current directions*. Washington University School of Medicine Department of Psychiatry's Research Seminar.
23. **Fowler, L. A.**, Grammer, A. C.*, Ray, M. K., Balantekin, K. N., Stein, R. I., Conlon, R. K., Saelens, B.E., Welch, R. R., Perri, M. G., Epstein, L. H., & Wilfley, D. E. (November, 2019). *Examining the interdependence of child-parent dyads: Effects on weight loss and maintenance*. Oral presentation at 2019 annual meeting of The Obesity Society in Las Vegas, NV.
24. **Fowler, L. A.**, & Moore, P. J. (June, 2017). *How do expectancies & values combine to determine dietary intentions? Applying functional measurement to junk food intentions*. Oral presentation at 6th Information Integration Theory & Functional Measurement conference in Montreal, Canada.
25. **Fowler, L. A.**, Clarke, P., Renninger, S., Dwan, R., Dodge, T., & Moore, P. J. (April, 2016). *How should expectancies and values be combined to predict health-related outcomes?* Oral presentation at 2016 annual meeting of the Society of Behavioral Medicine in Washington, D.C.

Poster presentations

1. Gullo, N.A.*, Howe, C.P., Lew, D., **Fowler, L.A.**, Horton, M.B., Agrawal, G., Kouveliotis, M., Firebaugh, M., Pike, K., Bardone-Cone, A.M., Wilfley, D.E & Fitzsimmons-Craft, E.E. (2026, June). *Examining Eating Disorder Psychopathology and Comorbidities in Sexual Minority Women with Anorexia Nervosa*. Poster presentation at the 2026 International Conference on Eating Disorders. The Hague, Netherlands.
2. Howerton, I.*, Rusow, J. A., **Fowler, L. A.**, Lumsdaine, B., Wood, J. K., Rhoades, H., Goldbach, J. T. (November, 2025). Identifying factors associated with intimate partner violence among a U.S.-based sample of sexual and gender minority adolescents. Poster Presentation at American Public Health Association annual meeting, Washington, D. C.
3. Gullo, N. A.*, Goldberg, J., Howe, C. P., Smith, A. C., Firebaugh, M. L., Kouveliotis, M., Larson, G., Wilfley, D. E., **Fowler, L. A.**, & Fitzsimmons-Craft, E. E. (September, 2025). *User-Centered Development of an Eating Disorder Prevention Chatbot for Diverse Adolescents* Poster Presentation at Eating Disorders Research Society 2025, Newport Beach, CA, United States.

4. Neshteruk, C. D., Kracht, C. Tripicchio, G. L., Luecking, C. T., **Fowler, L. A.**, Manasse, S., Scherr, K., Armstrong, S. C., & Skinner, A. C. (November, 2024). *Examining the evidence: A systematic review of pediatric obesity treatment interventions among priority populations*. Presentation at the annual meeting of the Obesity Society.
5. **Fowler L. A.**, Vázquez, M. M.*, Kleinberg, A. A.*, Monocello, L. T., Ferry, H. W.*, Szlyk, H. S., Fitzsimmons-Craft, E. E., Newman, M. G., Eisenberg, D., Wilfley, D. E. (August, 2024). *Navigating the Gender (Non)Binary: Trans and Nonbinary College Students' Constructions of Sexual Identity*. Poster presentation at the National LGBTQ Health Conference in Atlanta, GA.
6. Conn, A. M., **Fowler, L. A.**, Wilfley, D. E., Staiano, A. E., Newton, R., Beyl, R., Stein, R. I., Lima, A., Lindros, J., Baker, A., Cook, S. (November, 2023). *Mental Health and Eating Disorder Symptoms in Youth referred to Behavioral Treatment for Obesity*. Poster presentation at the Annual meeting of the Obesity Society in Dallas, TX.
7. **Fowler, L. A.**, Vázquez, M. M., DePietro, B., Wilfley, D. E., Fitzsimmons-Craft, E. E. (April, 2023). *Pilot randomized controlled trial of a virtual reality experience to address childhood obesity*. Poster presentation at the Annual meeting of the Society of Behavioral Medicine in Phoenix, AZ.
8. Vázquez, M. M., **Fowler, L. A.**, Kleinberg, A. A., Ferry, H. W., Monocello, L. T., Shah, J., Grammer, A. C., Fitzsimmons-Craft, E. E., Newman, M. G., Eisenberg, D., Taylor, C. B., Wilfley, D. E. (December, 2022). *Sexual Orientation Identity Among Gender Diverse College Students*. Poster presented at the Washington University School of Medicine in St. Louis EXPLORE Program Symposium, St. Louis, MO.
9. Monocello, L., **Fowler, L. A.**, and Wilfley, D. E. (November, 2022). *Balance, Bodies, and Biological Normalcy: Cultural Models of Male Body Size in South Korea*. Poster presentation at The Obesity Society Annual Meeting, San Diego, CA.
10. Monocello, L., **Fowler, L. A.**, and Wilfley, D. E. (October, 2022). *Challenging Ethnobiocentrism in Global Health Research: Culture, Male Body Ideals, and Disordered Eating Risk in South Korea*. Poster presentation at the Institute for Public Health at Washington University in St. Louis Annual Conference.
11. Topooco, N., **Fowler, L. A.**, DePietro, B., Vázquez, M. M., Firebaugh, M. L., Ceglarek, P., Newman, M. G., Eisenberg, D., Wilfley, D. E., Taylor, C. B., Fitzsimmons-Craft, E. E. (September, 2022). *Digital interventions to address mental health needs in colleges: Perspectives of student stakeholders*. Poster presentation at the 11th International Society for Research on Internet Interventions conference, Pittsburgh, PA.
12. Shah, J., DePietro, B., D'Adamo, L., Firebaugh, M., Laing, O., **Fowler, L.A.**, Smolar, L., Sadeh Sharvit, S., Taylor, C.B., Wilfley, D., Fitzsimmons-Craft, E.E. (August, 2022). *Development and Usability Testing of a Chatbot to Promote Mental Health Services Use Among Individuals with Eating Disorders Following Screening*. Poster presented at the NIH Diversity Supplement Professional Development and Networking Workshop. Virtual.
13. Vázquez, M. M., **Fowler, L. A.**, Kleinberg, A. A., Ferry H.W., Monocello, L.T., Shah J., Grammer A. C., Fitzsimmons-Craft E. E., Newman M. G., Eisenberg D., Wilfley D. E., Taylor C. B. (August, 2022). *How do Gender Diverse Students Identify their Sexual Orientation?* Poster presented at the NIH Diversity Supplement Professional Development and Networking Workshop. Virtual.
14. Smith, A. C., **Fowler, L. A.**, Graham, A. K., Jaworski, B. K., Firebaugh, M. L., Monterubio, G. E., Vázquez, M. M., DePietro, B., Sadeh-Sharvit, S., Balantekin, K. N., Topooco, N., Wilfley, D. E., Taylor, C. B., & Fitzsimmons-Craft, E. E. (June, 2022). *Digital overload among college students:*

Implications for mental health app use. Poster to be presented at the 1st Annual Meeting of the Society for Digital Mental Health. Virtual.

15. Shah, J., DePietro, B., D'Adamo, L., Firebaugh, M. L., Laing, O., **Fowler, L. A.**, Smolar, L., Sadeh-Sharvit, S., Taylor, C. B., Wilfley, D. E., Fitzsimmons-Craft, E. E. (2022). *Development and Usability Testing of a Chatbot to Promote Mental Health Services Use Among Individuals with Eating Disorders Following Screening.* Poster presentation at the 2022 University of Connecticut Telehealth and Remote Care in a Post-Pandemic World Conference.
16. Vázquez, M. M., Grammer, A. C., **Fowler, L. A.**, Fitzsimmons-Craft, E. E., Lipson, S. K., Shah, J., Newman, M. G., Eisenberg, D., Wilfley, D. E., Taylor, C. B. (May, 2022). *Disparities in Mental Health Symptoms Among Sexual and Gender Minority Subpopulations in a National Sample of College Students.* Poster presentation at the 2022 American Psychiatric Association Annual Meeting in New Orleans, LA.
17. Ligier, L., **Fowler, L. A.**, Wilfley, D. E., & Hardi, A. (March, 2022). *Psychosocial Issues in Low-Income Parents and its Impact on Obesity.* Presentation at Eastern Psychological Association in New York, NY.
18. Fitzsimmons-Craft, E. E., DePietro, B., Firebaugh, M. L., Laing, O., Shah, J., **Fowler, L. A.**, Haas, A., Smolar, L., Sadeh-Sharvit, S., Taylor, C. B., & Wilfley, D. E. (September, 2021). *Iterative Development of a Chatbot to Promote Mental Health Services Use in Individuals with Eating Disorders.* Poster presentation at 2021 annual meeting of the Eating Disorders Research Society in Boston, MA.
19. Vázquez, M. M., Grammer, A. C., **Fowler, L. A.**, Fitzsimmons-Craft, E. E., Lipson, S. K., Shah, J., Newman, M. G., Eisenberg, D., Wilfley, D. E., Taylor, C. B. (August, 2021). *Differences in Mental Health Symptoms Among Sexual and Gender Minority Subgroups of College Students.* Poster presentation at the NIDA, NIAAA, and NIMH Diversity Supplement Professional Development Workshop, Bethesda, MD.
20. Grammer, A. C., Vazquez, M., Fitzsimmons-Craft, E. E., **Fowler, L. A.**, Rackoff, G. N., Schvey, N. A., Ketchen Lipson, S., Newman, M. G., Eisenberg, D., Taylor, B. C., & Wilfley, D. E. (May, 2021). *Eating Disorder Diagnosis, Chronicity, and Related Outcomes by Sexual Orientation and Gender Identity in a National Sample of College Students.* Poster presentation at 2021 National LGBTQ Conference.
21. Grammer, A. C., Vazquez, M., Fitzsimmons-Craft, E. E., **Fowler, L. A.**, Schvey, N. A., Ketchen Lipson, S., Newman, M. G., Eisenberg, D., Taylor, B. C., & Wilfley, D. E. (October, 2020). *Eating disorder risk and chronicity by sexual and gender minority status in a national sample of U.S. college students.* Poster presentation presented at 2020 annual meeting of The Eating Disorders Research Society.
22. **Fowler, L. A.**, Kracht, C. L., Denstel, K. D., Stewart, T. M., & Staiano, A. E. (April, 2020). *Bullying experiences, body esteem, and the moderating role of weight status among adolescents.* Poster presentation accepted for 2020 annual meeting of The Society of Behavioral Medicine in San Francisco, CA (not held due to Covid-19).
23. **Fowler, L. A.**, Sadeh-Sharvit, S., Idan, O., Fitzsimmons-Craft, E., Smith, A., Goel, N. J., Flatt, R. E., Balantekin, K. N., Monterubio, G. E., Firebaugh, M. L., Karam, A. M., Graham, A. K., Funk, B., Taylor, B. C., & Wilfley, D. E. (April, 2020). *Content and affect analysis of text correspondence of participants in a digital guided self-help for eating disorders.* Poster presentation accepted for 2020 annual meeting of The Society of Behavioral Medicine in San Francisco, CA (not held due to Covid-19).
24. Grammer, A. C., **Fowler, L. A.**, Davison, G. M., Ray, M. K., Stein, R. I., Conlon, R. K., Balantekin, K. N., Saelens, B. E., Welch, R. R., Perri, M. G., Epstein, L. H., & Wilfley, D. E. (November, 2019). *The*

- impact of early weight change on response to family-based behavioral obesity treatment.* Poster presentation at 2019 annual meeting of The Obesity Society in Las Vegas, NV.
25. Macura, Z., Moore, P. J., **Fowler, L. A.**, Catir, J., & Singh, M. (November, 2019). *Utilizing Twitter to Assess the Impact of Social Comparison and Social Media on Physical Activity.* Poster presentation at 2019 annual meeting of The Obesity Society in Las Vegas, NV.
 26. Davison, G. M., **Fowler, L. A.**, Ramel, M., Stein, R. I., Conlon, R. P. K., Saelens, B. E., Welch, R. R., Perri, M. G., Epstein, L. H., & Wilfley, D. E. (November, 2019). *Demographic disparities in the efficacy of a family-based treatment program for pediatric obesity.* Poster presentation at 2019 annual meeting of The Obesity Society in Las Vegas, NV.
 27. Malek, N., Staiano, A. E., Lima, A., DiBietto, K., Costello, S., Stein, R. I., **Fowler, L. A.**, Brock, R., Baker, A., Lindros, J., Reilly, E., Cook, S. R., Wilfley, D. E. (October, 2019). *Implementation of a pragmatic child weight management research study in the primary care setting: Key findings and challenges.* *Pediatrics*, 146 (1 Meeting Abstract) 82-84. Poster presentation at 2019 annual conference of the American Academy of Pediatrics in New Orleans, LA.
 28. **Fowler, L. A.**, Sadeh-Sharvit, S., Idan, O., Fitzsimmons-Craft, E., Smith, A., Goel, N. J., Flatt, R. E., Balantekin, K. N., Monterubio, G. E., Firebaugh, M. L., Karam, A. M., Graham, A. K., Funk, B., Taylor, B. C., & Wilfley, D. E. (September 2019). *What do women enrolled in a guided self-help program for disordered eating text to their coaches? A qualitative analysis of text messages.* Poster presentation at 2019 annual meeting of the Eating Disorder Research Society in Chicago, IL.
 29. Grammer, A. C., Davison, G. M., **Fowler, L. A.**, Ray, M. K., Stein, R. I., Conlon, R. K., Balantekin, K. N., Saelens, B. E., Welch, R. R., Perri, M. G., Epstein, L. H., & Wilfley, D. E. (September, 2019). *The relation between socioeconomic status, eating behavior, and percentage overweight in children.* Poster presentation at 2019 annual meeting of the Eating Disorder Research Society in Chicago, IL.
 30. **Fowler, L. A.**, Rotman, S. A., Stein, R. I., Conlon, R. K., Saelens, B. E., & Wilfley, D. E. (April, 2019). *Measuring social support in children with overweight and obesity: Predictive validity of the network support for healthy behaviors inventory.* Poster presentation at Washington University in St. Louis Department of Psychiatry's Research Day 2019.
 31. **Fowler, L. A.**, Rotman, S. A., Stein, R. I., Conlon, R. K., Saelens, B. E., & Wilfley, D. E. (March, 2019). *Validation of the network support for healthy behaviors inventory in children with overweight and obesity.* Poster presentation at 2019 annual meeting of the Society of Behavioral Medicine conference in Washington, D.C.
 32. Rotman, S. A., **Fowler, L. A.**, Ray, M. K., Stein, R. I., Hayes, J. F., Balantekin, K. N., Saelens, B. E., Welch, R. R., Perri, M. G., Epstein, L. H., & Wilfley, D. E. (March, 2019). *Friend and family social support for children with obesity in family-based behavioral weight loss treatment.* Poster presentation at 2019 annual meeting of the Society of Behavioral Medicine conference in Washington, D.C.
 33. Macura, Z., **Fowler, L. A.**, & Moore, P. J. (March, 2019). *Scaling and Aggregation: Testing an Expectancy-Value Model of Physical Activity Intentions and Behavior.* Poster presentation at 2019 Society of Behavioral Medicine Conference in Washington, DC.
 34. **Fowler, L. A.**, Macura, Z., & Moore, P. J. (November, 2018). *Using expectancies and values to predict dietary behaviors: The impact of aggregation and scaling.* Poster presentation at 2018 annual meeting of The Obesity Society in Nashville, TN.
 35. Macura, Z., Moore, P. J., **Fowler, L. A.**, Rudoy, C., & Tripp, P. (October, 2018). *Tweet and Run: Assessing the Impact of Social Comparison and Social Media on Physical Activity.* Poster presentation at The George Washington University's Psychology Department Expo and Reception in Washington, DC.

36. **Fowler, L. A.**, Clarke, P., Renninger, S., Macura, Z., Dodge, T., & Moore, P. J. (April, 2018). *Using expectancies and values to predict health-related outcomes: How measurement affects the prediction of marijuana use*. Poster presentation at 2018 annual meeting of the Society of Behavioral Medicine in New Orleans, LA.
37. Macura, Z., Moore, P. J., **Fowler, L. A.**, Rudoy, C., & Tripp, P. (April, 2018). *Tweet and Run: Assessing the Impact of Social Comparison and Social Media on Physical Activity*. Poster presentation at 2018 Society of Behavioral Medicine Conference in New Orleans, LA.
38. **Fowler, L. A.**, Yingling, L. R., Brooks, A. T., Wallen, G. R., Peters-Lawrence, M., McClurkin, M., Wiley, K. L. Jr., Mitchell, V. M., Johnson, T. D., Curry, K. E., Johnson, A. A., Graham, A. P., Graham, L. A., & Powell-Wiley, T. M. (April, 2017). *Digital Food Records: A mixed-methods study to evaluate feasibility and acceptability for community-based interventions*. Poster presentation at 2017 annual meeting of the Society of Behavioral Medicine in San Diego, CA.
39. **Fowler, L. A.**, Clarke, P., Renninger, S., Macura, Z., Moore, P. J., & Dodge, T. (March, 2017). *How do expectancies and values combine to determine health-related outcomes? Applying functional measurement to dietary behavior*. Poster presentation at 2017 annual meeting of the Society of Behavioral Medicine in San Diego, CA.
40. **Fowler, L. A.**, Saules, K. K., & Ivezaj, V. (November, 2014). *Problematic pre-surgical intake of high-sugar/low-fat and high GI foods is associated with development of post-bariatric surgery substance use disorders*. Poster presentation at 2014 annual meeting of The Obesity Society in Atlanta, GA.

TEACHING TITLE AND RESPONSIBILITIES:

Fall 2026 **Instructor of Record, LGBT Health**
 Department of Health Promotion, Education, and Behavior
 Department of Women's and Gender Studies
 University of South Carolina, Columbia, SC

Fall 2025 **Guest Lecturer, Weight Stigma and Gendered Health**
 Psychology of Women, Department of Psychology
 Virginia Commonwealth University, Richmond, VA

Fall 2025 **Instructor of Record, LGBT Health**
 Department of Health Promotion, Education, and Behavior
 Department of Women's and Gender Studies
 University of South Carolina, Columbia, SC

Spring 2025 **Instructor of Record, Race, Ethnicity, and Health**
 Department of Health Promotion, Education, and Behavior
 University of South Carolina, Columbia, SC

Fall 2024 **Guest Lecturer, LGBT Health & Body Image**
 LGBT Health, Department of Health Promotion, Education, and Behavior &
 Department of Women's and Gender Studies
 University of South Carolina, Columbia, SC

Spring 2021 **Instructor of Record, Applied Social Psychology**
 Fontbonne University, St. Louis, MO

Fall 2020 **Instructor of Record**, *Health Psychology*
Fontbonne University, St. Louis, MO

Fall 2017 – **Departmental Statistics Consultant & Fellow**
Spring 2018 Psychology Department
George Washington University, Washington, DC

Fall 2013 – **Guest Lecturer**, *Research Methods in Psychology, Health Psychology, Applied Social*
Spring 2018 *Psychology Research Lab, Social Psychology, Introduction to Psychology - Honors*
(30+ guest George Washington University, Washington, DC
lectures)

Summer 2017 **Instructor of Record**, *Health Psychology*
Institute for Health Promotion & Disease Prevention in Underserved Populations
George Washington University, Washington, DC

Fall 2013 – **Graduate Teaching Assistant**, *Research Methods in Psychology*
Spring 2017 George Washington University, Washington, DC

Spring 2016 **Graduate Teaching Assistant**, *Applied Social Psychology Research Lab*
George Washington University, Washington, DC

TRAINING / MENTEE RECORD:

Current Trainees / Mentees

2026-Present Bria Singleton
Applied Practice Experience Advisee
University of South Carolina

2025-Present Arielle N'Diaye
Dissertation Committee Advisee
University of South Carolina

2025-Present Veena Mangallampalli
Undergraduate Research Assistant
University of South Carolina

2025-Present Mathew Plott
Undergraduate Research Assistant, Honors Thesis Mentee
University of South Carolina

2025-Present Mabry Stanek
Honors Thesis Mentee – Second Reader
University of South Carolina

2024-Present Allyson Velkovich, BSPH
Research Coordinator, Graduate Research Assistant
University of South Carolina

2022-Present Melissa M. Vazquez, BA
Medical Student, Applied Research Mentee
Washington University School of Medicine

Past Trainees / Mentees

2023-2025 Yilin Wang, BA
Graduate Research Assistant, Washington University in St. Louis
Public Health Practicum Student, MPH
Outcome: Completed Practicum

2022-2025 Lawrence Monocello, PhD
T32 Postdoctoral Research Scholar, Washington University School of
Medicine
Outcome: Tenure-track Assistant Professor

2023 Tallulah Letscher
Undergraduate Student, Psychological Brain Sciences & Chemistry,
Washington University in St. Louis
Outcome: Graduated

2021 Leslie Ligier
Undergraduate Honors Student, Washington University School of
Medicine
Outcome: Completed Honors Thesis; Graduated

2020-2021 Katharine Lee, PhD
Postdoctoral Peer Mentorship Program, Washington University in
St. Louis, St. Louis, MO

2019-2020 Arielle Smith, BA
Undergraduate Research Assistant, Mentee
Center for Healthy Weight and Wellness
Outcome: Graduated; Pre-doc at Northwestern University

2019 Juliet Enow
Institute of Public Health Summer Research Program, Washington
University in St. Louis

2018-2020 Anne Claire Grammer
Predoctoral Student, Mentee
Center for Healthy Weight and Wellness
Outcome: Graduated; Post-doc at Stanford University

2018-2019 Genevieve Davison
Predoctoral Student, Mentee
Center for Healthy Weight and Wellness

EDITORIAL RESPONSIBILITIES:

2025	Abstract Reviewer	Weight Stigma Conference
2025	Abstract Reviewer	Women's Health SIG Awards, Society of Behavioral Medicine
2025	Abstract Reviewer	Weight-related Health, Society of Behavioral Medicine
2024	Abstract Reviewer	Digital Health, Society of Behavioral Medicine
2023	Abstract Reviewer	Diet and Nutrition, Society of Behavioral Medicine
2022	Abstract Reviewer	Diet and Nutrition, Society of Behavioral Medicine
2018	Abstract Reviewer	Diet and Nutrition, Society of Behavioral Medicine
2014 – Present	Ad-Hoc Reviewer	American Psychologist Basic and Applied Social Psychology Behavior & Information Technology Childhood Obesity Digital Health Eating Behaviors Eating and Weight Disorders eClinicalMedicine Health Psychology and Behavioral Medicine Healthcare International Journal of Eating Disorders International Journal of Obesity International Journal of Pediatric Obesity International Journal of STEM Education Journal of Medical Internet Research (JMIR) JMIR mHealth and uHealth JMIR Research Protocols Journal of Multidisciplinary Healthcare mHealth Nutrition and Food Science Journal PLOS ONE Psychology, Health & Medicine, AIDS Care Psychology Research and Behavior Management Psychology of Sexual Orientation and Gender Diversity Substance Abuse Journal The Ochsner Journal Youth & Society

NATIONAL & INTERNATIONAL SCIENTIFIC PANELS AND COMMITTEES:

2025 – Present	Co-Chair	Society of Behavioral Medicine Health Equity Special Interest Group Scientific Writing Subcommittee
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2021 – 2023	Chair	Society of Behavioral Medicine Behavioral Informatics & Technology Special Interest Group Early Career/Trainee Subcommittee
2020 - 2024	Committee Member	Information Integration Theory/Functional Measurement Scientific Advisory Committee
2020 – 2021	Co-Chair	Society of Behavioral Medicine Behavioral Informatics & Technology Special Interest Group Early Career/Trainee Subcommittee

COMMUNITY SERVICE CONTRIBUTIONS:

PROFESSIONAL SOCIETIES AND ORGANIZATIONS:

2025 – Present	Member, American Public Health Association
2024 – Present	Member, Weight Inclusive Research and Education
2023 – Present	Member, Association for Size Diversity and Health
2013 – Present	Member, Society of Behavioral Medicine
2022 – 2023	Diversity Institute for Emerging Leaders, Society of Behavioral Medicine
2013 – 2021	Member, The Obesity Society