

KERSTEN COPE, MPH, CHES

Arnold School of Public Health
Department of Health Promotion, Education, and Behavior
University of South Carolina
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Education

- 2026 Doctorate of Health Science
College of Pharmacy and Health Sciences, Campbell University, Buies Creek, NC
- 2022 Master of Public Health
Department of Public Health, Brody School of Medicine, East Carolina University, Greenville, NC
Professional Paper: *The Relationship Between Behavioral Lifestyle Factors and the Increased Cancer Burden in Ghana*
- 2019 Bachelor of Science in Public Health
Department of Health Education and Promotion, College of Health and Human Performance, East Carolina University, Greenville, NC
- 2017 Study Abroad Experience
Universidad de Granada, Granada, Spain

Professional Experience

University of South Carolina, Columbia, SC

2022 – Present

Instructor

Department of Health Promotion, Education, and Behavior, Arnold School of Public Health

Responsibilities: Through this position I teach various classes to undergraduate public health students. A large portion of responsibilities fall within teaching instruction, creating relevant lecture content, grading, and meeting with students. Lesser responsibilities include serving on various committees housed within the Arnold School of Public Health.

East Carolina University, Greenville, NC

2022

Research Intern

Department of Public Health, Brody School of Medicine, East Carolina University, Greenville, NC

Responsibilities: Through this position I was a part of a team of members from three different universities to utilize an NIH-funded grant to work on a randomized control trial to assess fruit and vegetable intake via the Veggie Meter device. A large portion of the responsibilities included collecting general participant information, anthropometric measurements, Veggie Meter and Konica Minolta information, and data entry.

2020-2022

Graduate Teaching Assistant

Department of Health Education and Promotion, College of Health and Human Performance, East Carolina University, Greenville, NC
Responsibilities: Through this position, I worked as a graduate teaching assistant teaching the HLTH 1000 course. HLTH 1000 is an introductory course that all students must take upon graduating. My responsibilities included class preparation, lecturing, grading as well as attending monthly professional development meetings.

2020-2021

Graduate Research Assistant

Department of Health Education and Promotion, College of Health and Human Performance, East Carolina University, Greenville, NC
Responsibilities: Through this position, I worked with a professor to conduct various tasks related to research including doing literature reviews, one-on-one interviews, data collection, data transcription, and data entry.

Greenville, NC
 2019

Program Coordinator

Association of Mexicans in North Carolina, AMEXCAN, Greenville, NC
Responsibilities: As a program coordinator, I worked with a team of individuals to promote healthier outcomes to the Latino community of eastern North Carolina. My responsibilities included organizing events (i.e., International Women's Day, Supporting & Reinforcing fair for Hurricane Florence Survivors, Día del Nino of Wilson County), networking with community members, creation of the Latino Health Alliance, attending community meetings, and more.

Teaching Experience

<u>Date</u>	<u>Role</u>	<u>Course</u>	<u>Credit hours/# of Students enrolled</u>
<u>University of South Carolina, Columbia, SC</u>			
2025	Instructor	PUBH 498: Public Health Capstone Seminar	3 credit hours, 109 students
2025	Instructor	HPEB 470: Principles of Global Health	3 credit hours, 70 students
2025	Instructor	HPEB 300: Planning Health Promotion Programs	3 credit hours, 45 students
2025	Instructor	PUBH 302: Introduction to Public Health	3 credit hours, 26 students
2025	Instructor	PUBH 498: Public Health Capstone Seminar	3 credit hours, 17 students
2025	Instructor	PUBH 498: Public Health Capstone Seminar	3 credit hours, 125 students
2025	Instructor	HPEB 470: Principles of Global Health	3 credit hours, 125 students

2025	Instructor	HPEB 300: Introduction to Health Promotion, Education, and Behavior	3 credit hours, 45 students
2024	Instructor	HPEB 300: Introduction to Health Promotion, Education, and Behavior	3 credit hours, 45 students
2024	Instructor	HPEB 470: Principles of Global Health	3 credit hours, 70 students
2024	Instructor	PUBH 498: Public Health Capstone Seminar	3 credit hours, 110 students
2024	Instructor	PUBH 302: Introduction to Public Health	3 credit hours, 15 students
2024	Instructor	PUBH 498: Public Health Capstone Seminar	3 credit hours, 24 students
2024	Instructor	PUBH 498: Public Health Capstone Seminar	3 credit hours, 112 students
2024	Instructor	HPEB 300: Introduction to Health Promotion, Education, and Behavior	3 credit hours, 45 students
2024	Instructor	HPEB 300: Introduction to Health Promotion, Education, and Behavior	3 credit hours, 45 students
2024	Instructor	HPEB 470: Principles of Global Health	3 credit hours, 100 students
2023	Instructor	PUBH 498: Public Health Capstone Seminar	3 credit hours, 82 students
2023	Instructor	HPEB 300: Introduction to Health Promotion, Education, and Behavior	3 credit hours, 45 students
2023	Instructor	HPEB 470: Principles of Global Health	3 credit hours, 70 students
2023	Instructor	PUBH 302: Introduction to Public Health	3 credit hours, 23 students
2023	Instructor	PUBH 498: Public Health Capstone Seminar	3 credit hours, 23 students
2023	Instructor	HPEB 300: Introduction to Health Promotion, Education, and Behavior	3 credit hours, 45 students
2023	Instructor	HPEB 470: Principles of Global Health	3 credit hours,

		Health	133 students
2023	Instructor	PUBH 498: Public Health Capstone Seminar	3 credit hours, 117 students
2022	Instructor	HPEB 300: Introduction to Health Promotion, Education, and Behavior	3 credit hours, 44 students
2022	Instructor	HPEB 470: Principles of Global Health	3 credit hours, 65 students

East Carolina University, Greenville, NC

2022	Graduate Teaching Assistant	HLTH 1000: Health in Modern Society	3 credit hours, 60 students
2021	Graduate Teaching Assistant	HLTH 1000: Health in Modern Society	3 credit hours, 240 students
2020	Graduate Teaching Assistant	HLTH 1000: Health in Modern Society	3 credit hours, 60 students

- Responsible for preparation and development of course content for facilitation of in-person and online lectures, developing assignments, managing students' grading, and holding office hours.

Committee Membership

University of South Carolina, Columbia, SC

2025	<u>Member</u> CIEL Faculty Fellow Center for Integrative and Experiential Learning, University of South Carolina, Columbia, SC
2023	<u>Member</u> Instructor Search Committee Arnold School of Public Health, University of South Carolina
2023	<u>Member</u> Undergraduate CEPH Sub-Committee Arnold School of Public Health, University of South Carolina, Columbia, SC
2023 - current	<u>Member</u> Undergraduate PUBH Award Committee Arnold School of Public Health, University of South Carolina, Columbia, SC
2022 - current	<u>Member</u> Undergraduate HPEB Committee Department of Health Promotion, Education, and Behavior, Arnold School of Public Health, University of South Carolina, Columbia, SC

Professional Memberships

2024	<u>Member</u> American College Health Association
2023	<u>Member</u> American Public Health Association

Student Supervision

Undergraduate (Honors College) Senior Thesis Second Reader

- Elizabeth Slimmer (Public Health), “Locked Up and Left Behind: How Delayed Prison Reform Fuels Infectious Disease”, 2025.

Publications

Cofie, L. E., Barrington, C., **Cope, K.**, LePrevost, C. E., & Singh, K. (2023). Increasing health facility childbirth in Ghana: the role of network and community norms. *BMC pregnancy and childbirth*, 23(1), 265. <https://doi.org/10.1186/s12884-023-05513-9>

Awards

2025	Career Influencer Certificate - Top 25 Career Influencer University of South Carolina, University Career Center, Columbia, SC
2024	Two Thumbs Up Recognition University of South Carolina, Student Disability Resource Center Columbia, SC
2023	Career Influencer Certificate University of South Carolina, University Career Center, Columbia, SC
2022	Debra Tavasso Most Outstanding Graduate Teaching Assistant Department of Health Education and Promotion, College of Health and Human Performance, East Carolina University, Greenville, NC

Certifications

2021	Certified Health Education Specialist, CHES National Commission for Health Education Credentialing #35300
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Extracurricular Experience

2018-2019	<u>Member</u> Global Ambassadors, East Carolina University, Greenville, NC <i>Responsibilities: I worked with other students who had been abroad at some point in their academic career. Through my role as an ambassador, I shared my experiences being abroad and how that shaped me, discussed financial processes, cultural differences and more. Much of my responsibility fell within classroom presentations to</i>
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educate on study abroad experiences and the impact it can have on an individual.

2014-2019

Member

Gamma Sigma Sigma, National Service Sorority, East Carolina University, Greenville, NC

Responsibilities: As a member, I volunteered a at least 25 hours each semester with other active members completing both local and organizational level volunteering to raise money and spread awareness of organizations such as Alex's Lemonade Stand, American Red Cross, American Cancer Society, March of Dimes, and Mothers Against Drunk Driving.

2017

Volunteer

Global Brigades, East Carolina University, Greenville, NC

Responsibilities: I volunteered on a week-long student-led trip to rural Honduras to provide medical and dental care with collaboration of providers in the country. Through this brigade we provided care to roughly 600 individuals in a three-day period through consultation, triage, gynecology, pharmacology, optometry, health education and more. The basics of eco-stoves construction were completed as well to help with proper ventilation of smoke to reduce risk of respiratory issues among families.