

# **BUILDING MY PASSION: MY LEADERSHIP STORY**

This workbook is designed by KPIC to utilize throughout pharmacy school. At KPIC, we believe that one does not sit around waiting for passion to fall in one's lap; one must go out and build it piece by piece.

This workbook is the first step in helping you compile all the various 'materials' you may need to help you begin building your passion.

These materials include leadership assessments, leadership roles, internships, and rotations. We understand that not every student will have the same number of experiences and have included extra pages in the back to utilize as needed.

The provided pages are not prescriptive of how many experiences one should obtain. Everyone's journey to building their passion will be unique to that individual and cannot be compared to anyone else's.

# BIRKMAN ASSESSMENT

Usual Behavior Color

Stress/Needs Behavior Color

Usual Behavior Color  
Descriptions I Agree With

Stress/Needs Behavior Color  
Descriptions I Agree With

How does this impact my teamwork? What might I want to work on to be a better team member?

# 5 VOICES ASSESSMENT

Free test found here: <https://www.giant.tv/5voices/hq5v>

5 Voices Order:

Strengths Identified:

Challenges Identified:

What do I look like at my healthiest?

Things that make me unhealthy:

Things to do to stay healthy:

# STRENGTHS FINDER ASSESSMENT

Top 5-10 Strengths:

What fields of pharmacy or activities allow me to use these strengths?

How can I utilize strengths when working with others?

What leadership activities or roles can help me utilize and develop these strengths?

# WORKPLACE BIG 5

Free Version: <https://www.truity.com/view/tests/big-five-personality>

Openness or Originality Insights:

Conscientiousness or Consolidation Insights:

Extraversion Insights:

Agreeableness or Accommodation Insights:

Need for Stability or Neuroticism Insights:

Do these insights impact my career interests? How do these insights impact what activities, jobs, leadership roles, etc. that I pursue?

# 7 QUESTIONS TO HELP IDENTIFY YOUR PASSIONS

What sacrifices and struggles are you willing to tolerate? Work isn't fun 100% of the time so identifying what struggles are worth it will help you identify pharmacy fields to pursue.

What activities did you do as a child that you enjoyed that you no longer do? This can help identify passions and unique activities that you may want to incorporate into a job.

What makes you forget to eat, sleep and use the bathroom/shower, etc.? Helps identify tasks you genuinely love doing.

What are you embarrassed to do and why? If you did what you were embarrassed to do, how might it impact your career?

# 7 QUESTIONS TO HELP IDENTIFY YOUR PASSIONS

How are you going to save the world or make a significantly positive impact on the world? (In pharmacy and in general)

If you had to leave the house all day long, every day where would you go and what would you do?

If you knew you were going to die one year after graduating from pharmacy school or a post-graduate training program (aka only have one year to practice as a licensed pharmacist), what would you do and how would you want to be remembered?

# INTERNSHIP INSIGHTS

Company:

Most Impactful Experiences:

Pharmacy Field:

Overall, do I like this field of pharmacy and would I pursue more opportunities in this field?

YES

NO

Activities/Tasks I Liked:

Activities/Tasks I Disliked:

# INTERNSHIP INSIGHTS

Company:

Most Impactful Experiences:

Pharmacy Field:

Overall, do I like this field of pharmacy and would I pursue more opportunities in this field?

YES

NO

Activities/Tasks I Liked:

Activities/Tasks I Disliked:

# P1 YEAR

## APHA CAREER PATHWAYS

APhA Career Pathways Results-  
Interests

APhA Career Pathway Results-  
Critical Factors

Above circle the pathways you are most interested in learning more about. Below reflect on why you are interested in those pathways and how you can gain exposure in those areas.

# **P1 YEAR**

## **EXTRACURRICULAR ACTIVITIES**

Activity Name

What I did well in this position:

What advice I will pass on:

What did I learn about myself through this role?

What challenges did I overcome in this role?

# **P1 YEAR**

## **EXTRACURRICULAR ACTIVITIES**

Activity Name

What I did well in this position:

What advice I will pass on:

What did I learn about myself through this role?

What challenges did I overcome in this role?

# **P1 YEAR**

## **IPPE COMMUNITY ROTATION**

**Activities/Tasks I Enjoyed:**

**Activities/Tasks I Disliked:**

**Is this a field of pharmacy I am interested in gaining more experience in? Why or why not?**

**If yes, how will you gain more experience? If no, what other fields should you gain experience in?**

# P2 YEAR

## APHA CAREER PATHWAYS

APhA Career Pathways Results-  
Interests

APhA Career Pathway Results-  
Critical Factors

Above circle the pathways you are most interested in learning more about. Below reflect on why you are interested in those pathways and how you can gain exposure in those areas.

# **P2 YEAR**

## **EXTRACURRICULAR ACTIVITIES**

Activity Name

What I did well in this position:

What advice I will pass on:

What did I learn about myself through this role?

What challenges did I overcome in this role?

# **P2 YEAR**

## **EXTRACURRICULAR ACTIVITIES**

Activity Name

What I did well in this position:

What advice I will pass on:

What did I learn about myself through this role?

What challenges did I overcome in this role?

# P2 YEAR

## IPPE HOSPITAL ROTATION

Activities/Tasks I Enjoyed:

Activities/Tasks I Disliked:

Is this a field of pharmacy I am interested in gaining more experience in? Why or why not?

If yes, how will I gain more experience? If no, what other fields should I gain experience in?

# P3 YEAR

## APHA CAREER PATHWAYS

APhA Career Pathways Results-  
Interests

APhA Career Pathway Results-  
Critical Factors

Above circle the pathways you are most interested in learning more about. Below reflect on why you are interested in those pathways and how you can gain exposure in those areas.

# **P3 YEAR**

## **EXTRACURRICULAR ACTIVITES**

Activity Name

What I did well in this position:

What advice I will pass on:

What did I learn about myself through this role?

What challenges did I overcome in this role?

# **P3 YEAR**

## **EXTRACURRICULAR ACTIVITIES**

Activity Name

What I did well in this position:

What advice I will pass on:

What did I learn about myself through this role?

What challenges did I overcome in this role?

# **P3 YEAR**

## **EXTRACURRICULAR ACTIVITES**

Activity Name

What I did well in this position:

What advice I will pass on:

What did I learn about myself through this role?

What challenges did I overcome in this role?

# **P4 YEAR**

## **APPE ROTATION 1**

**Location and Type of APPE:**

**Activities/Tasks I Enjoyed:**

**Activities/Tasks I Disliked:**

**Is this a field of pharmacy I am interested in gaining more experience in? Why or why not?**

**If yes, how will I gain more experience? If no, what other fields should I gain experience in?**

# **P4 YEAR**

## **APPE ROTATION 2**

**Location and Type of APPE:**

**Activities/Tasks I Enjoyed:**

**Activities/Tasks I Disliked:**

**Is this a field of pharmacy I am interested in gaining more experience in? Why or why not?**

**If yes, how will I gain more experience? If no, what other fields should I gain experience in?**

# **P4 YEAR**

## **APPE ROTATION 3**

**Location and Type of APPE:**

**Activities/Tasks I Enjoyed:**

**Activities/Tasks I Disliked:**

**Is this a field of pharmacy I am interested in gaining more experience in? Why or why not?**

**If yes, how will I gain more experience? If no, what other fields should I gain experience in?**

# **P4 YEAR**

## **APPE ROTATION 4**

**Location and Type of APPE:**

**Activities/Tasks I Enjoyed:**

**Activities/Tasks I Disliked:**

**Is this a field of pharmacy I am interested in gaining more experience in? Why or why not?**

**If yes, how will I gain more experience? If no, what other fields should I gain experience in?**

# **P4 YEAR**

## **APPE ROTATION 5**

**Location and Type of APPE:**

**Activities/Tasks I Enjoyed:**

**Activities/Tasks I Disliked:**

**Is this a field of pharmacy I am interested in gaining more experience in? Why or why not?**

**If yes, how will I gain more experience? If no, what other fields should I gain experience in?**

# **P4 YEAR**

## **APPE ROTATION 6**

**Location and Type of APPE:**

**Activities/Tasks I Enjoyed:**

**Activities/Tasks I Disliked:**

**Is this a field of pharmacy I am interested in gaining more experience in? Why or why not?**

**If yes, how will I gain more experience? If no, what other fields should I gain experience in?**

# **P4 YEAR**

## **APPE ROTATION 7**

**Location and Type of APPE:**

**Activities/Tasks I Enjoyed:**

**Activities/Tasks I Disliked:**

**Is this a field of pharmacy I am interested in gaining more experience in? Why or why not?**

**If yes, how will I gain more experience? If no, what other fields should I gain experience in?**

# **P4 YEAR**

## **APPE ROTATION 8**

**Location and Type of APPE:**

**Activities/Tasks I Enjoyed:**

**Activities/Tasks I Disliked:**

**Is this a field of pharmacy I am interested in gaining more experience in? Why or why not?**

**If yes, how will I gain more experience? If no, what other fields should I gain experience in?**

# **P4 YEAR**

## **APPE ROTATION 9**

**Location and Type of APPE:**

**Activities/Tasks I Enjoyed:**

**Activities/Tasks I Disliked:**

**Is this a field of pharmacy I am interested in gaining more experience in? Why or why not?**

**If yes, how will I gain more experience? If no, what other fields should I gain experience in?**

# P4 YEAR

## APHA CAREER PATHWAYS

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Interests

APhA Career Pathway Results-  
Critical Factors

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## **EXTRACURRICULAR ACTIVITES**

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